NO to Domestic Violence against all Men, Women and Children, Mother and Fathers

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Senate Finance and Public Administration Committee

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Dear Sir/Madam

Parliamentary Inquiry into the Domestic Violence.

Family violence and abuse is a serious and deeply entrenched problem in Australia. It has significant impacts upon the lives of <u>all men</u>, women, children, mothers and <u>fathers.</u>

I thank the Senate Finance and Public Administration Committee for allowing me to present this submission to the Inquiry into Domestic Violence. As noted, the Committee's terms of reference refer to "the prevalence and impact of domestic violence as it affects all Australians".

My submission therefore relates to all men, women and children, mother and Fathers.

I am a Father of a 6 year old daughter and I have first hand experience of how Domestic Violence and ADVO orders are being sought and used as a direct tactic for the mothers to obtain parental and personal benefits during pending Family Law Court Proceedings.

It is astonishing that this system, designed to reduce the impact of violence towards members of our community, <u>men</u>, <u>women and children</u>, <u>mother and Fathers</u> can be effortlessly abused by women and mothers to assassinate the father's character in an attempt to gain parental and personal benefits during Family Law Court proceedings despite the fact this is a very fashionable and renowned tactic.

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I believe it is time to confront the inconvenient truth about "Domestic Violence and prevent it's grossly abuse by mothers seeking parental and personal benefits in relation to obtaining parental benefits of the child.

As confirmed by the public research of <u>Post-Separation Conflict and the Use of Family Violence</u> <u>Orders</u> by Professor Patrick Parkinson, Judy Cashmore and Judi Single, *annexed hereto*.

(a) The FVO was Unjustified

Steven's account, in the Contact Disputes Study, exemplifies the sense of grievance that so many of the men felt that the FVO was totally unwarranted. According to his account, Steven phoned his former partner repeatedly because she was not letting him see his daughter:

The mother stopped the contact for about four or five months. And then she goes, I kept on ringing up saying, 'Can I speak to Stephanie?' and she goes, 'Sorry she's not here, you'll have to ring back another time', when I could hear in the background she was there.

Then I rang up again and she goes, 'If you ring once more, I'm going to get you for harassment with the police.' So then I got an AVO and they said, 'If you want to see your daughter, you've got to go to court'"

(b) FVOs as Tactical Maneuvers

It is, of course, impossible to 'know the truth' when participants allege that FVOs were tactical, but several respondents gave convincing accounts of allegations being proven to be untrue and applications for FVOs consequently dismissed.

Alexander eventually gained orders that the children live with him following a history of **abuse of the children by the mother and her new partner.** He also records being physically assaulted by the new partner a few times with baseball bats.

The fact that FVOs had been sought against him was another element of the intense conflict between him and his former partner:

AVOs have been attempted on me five times, I defended them by myself each time and won each time, **I proved that they were lies each time**. So, it's absolutely ridiculous, the whole situation.

Children's Participation Study

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In another case, Daniel records his long battle over his former partner's relocation. **Two weeks** before she lodged an appeal against an adverse decision of the Family Court, she sought a **FVO**, alleging that Daniel had hit his two boys across the head.

Under the Crimes Act in the state where this allegation was made, it is an assault to hit a child on the head, but otherwise smacking is lawful.

Daniel was clear about what he saw as her motive: **She was hoping to get an AVO and an assault charge against me**.

The application was brought by the police prosecutor, and the state child welfare department was involved as well. Daniel records how the magistrate was not at all impressed by the application and asked the police to consider whether they should press on with it.

In the end, according to Daniel, the allegations were dismissed as false. However, it took him nine court appearances over 12 months in the magistrates' court finally to resolve the matter.

In a third case, Adrian records how the police explained to him the tactical **the allegations were** dismissed as false. However, it took him nine court appearances over 12 months in the magistrates' court finally to resolve the matter.

When I got back [from seeing his parents] all the locks were changed. Fortunately, something in my head said 'There's something very suss about this', so I just went up to the police station and the sergeant took me in and made me a cup of tea and explained how AVOs work. He said 'That's what your wife is after'.

He said 'The minute you go home, she'll ring us up, we'll go down, <u>if she makes the accusations</u> that you are trying to break into the house to assault her, then we have no discretion under the law but to arrest you', and then he explained to me the whole process about AVOs.

While he was doing this, two constables walked in the back door and overhead the conversation and they said 'Are you from — Street?' I said 'Yep', they said 'Oh, we've just come from there'.

The minute I got home and put the key in the door, she'd rung.

So the whole thing was to get an AVO, to get the leverage to start the process.

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(c) The Abusive Behaviour was Mutual or the Other was the Perpetrator

Perhaps the strongest theme in fathers' accounts of FVOs is how they arose out of arguments in which the strong language and threats were mutual. Grant, for example, had a FVO taken out against him for abusive phone calls. He did not deny that he had been verbally abusive.

However, he said his former partner had been as well. What angered him was that **she had tape**-recorded some of their conversations, edited them from different time periods, and took them to the police:

I'll be honest with you I made a couple of pretty upsetting, we had upsetting phone conversations. She'd get abusive and I'd get abusive but she was recording the conversations and some of them were 6 or 8 months old. So she played them all for the police one night and the police decided to put an AVO on me.

Relocation Study

The context was that the mother was threatening that she was not going to let him see the children anymore.

In another case, Jeff recorded a long history of conflict with his ex-partner and was at one stage charged with assault, as well as having a FVO application made against him; but **he saw his expartner as the one who had initiated the violence:**

She's supposed to feel so endangered that I'm such a violent threat, but it's never been me that's really initiated any violence, I reacted one day and I'm on the assault charge, where **she just** about took my son's life, smashed my mother's arm in a 4WD door, forced entry in the homes, her sister and all of that doing all their stuff as well.

I mean we haven't charged them, but I've never played that part, and so I'm this big violent criminal and she gets all this attention and it makes me sick, it really does, because it works, they're so convincing.

Contact Disputes Study

In another case, Neil was also very angry about having a FVO taken out against him. His account was that his former partner had been the violent one, but she was the complainant for the FVO.

<u>Well, she hit me. Nearly broke my jaw.</u> We had a big argument in front of the kids and she hit me and reckoned I raped her in front of the kids and all this sort of stuff and pulled her out through the car window and she went back [home] and made a complaint about me, and I was put on an AVO, which I beat, and that's when we started getting to see the kids again.

Relocation Study

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A Pre-Separation and Post-Separation Violence

In this study it was clear from a number of accounts that the behaviors that led to FVOs after separation were **not** a **continuation of patterns of violence or abuse that occurred before separation**.

Many of the female respondents who sought FVOs after separation specifically reported that there had been no violence or abuse while they were living together, or that violent or abusive incidents only occurred during the last days and weeks prior to separation. Typically, such incidents involved property damage and verbal abuse, rather than physical assaults.

However, there were nonetheless many cases where FVOs were sought without such a preseparation history, only some of which involved allegations of post-separation physical violence against their former partner.

This indicates again the importance of <u>not generalising about domestic violence</u> in the community based only on data from those who are known to be victims of domestic violence by government or <u>non-government services such as women's refuges</u>, or by advocacy organisations.

B Gender and Family Violence

As was to be expected, most applicants for FVOs were women and most respondents were men. This is consistent with data from Victoria that shows that 81 per cent of respondents to FVOs are male and 19 per cent are female, with similar figures from Queensland. If men took out FVO applications, or the police initiated them on their behalf, it was usually in response to allegations of violence made against them.

Only two men initiated an application for a FVO without such allegations first being made by their former partners.

C The Collateral Uses of FVOs

Many respondents to FVOs took the view that **the application was tactical or otherwise motivated by factors apart from feeling safe**. A particular theme was that some women, according to men's accounts, looked for reasons to obtain a FVO and went to the police and the courts as soon as they had evidence to justify such an application.

Family violence orders were thus seen as one of the weapons in the war between parents, a means of striking a blow against the other, and gaining an advantage in parenting proceedings.

Nonetheless, there were certainly accounts by men of women, or their new partners, seeking FVOs where the timing seemed tactical and where the cases were apparently thrown out.

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FALSE ALLEGATIONS OF ABUSE against men and fathers are **DOMESTIC VIOLENCE**

There is a direct and significant link between an application for a family violence order (ADVO, protection order, restraining order or intervention order) and the contact and residence arrangements later made for children of separated families.

An easily-made family violence allegation will give one parent, normally the mother, a significant advantage against the father.

- This is a widely used and well recognized tactic by many women.
- This is both in terms of custody and also financial benefits.
- This is abuse of the Domestic Violence Act, against men and Fathers.

Sole custody then brings with it significant financial gains. These financial gains include increased social security payments, child support payments and property settlements.

Referring to research by <u>Professor Patrick Parkinson University of Sydney</u> on false reports and baseless ADVO ORDERS there is now a very widespread view in the community that some family violence orders are sought for tactical or collateral reasons to do with family law disputes,

"90% of surveyed NSW Magistrates agreed that AVOs were sometimes or often sought as a tactic in order to deprive a former partner of contact with the children.

In research recently published on the views of 40 family lawyers in NSW, <u>almost all solicitors</u> thought that tactical applications for AVOs occurred, with the majority considering it happened often.

In another study based upon interviews with 181 parents who have been involved in family law disputes, we found a strong perception from respondents to family violence orders (both women and men) that their former partners sought a family violence order **in order to help win their family law case.**

The belief that family violence orders are a weapon in the war between parents is fuelled by the fact that judges are required under the Family Law Act to consider such family violence orders in determining the best interests of the child."

The removal of the cost provision 117AB Family Law Act has further **encouraged mothers to make false allegations of domestic violence and sexual abuse against the fathers** as a weapon and tactic in order to aid their cases.

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It is far beyond time that women making false reports to police and committing perjury in courts and being granted baseless 'restraining orders' are prosecuted under the legislation for persons falsely reporting to police and perjury in courts.

- Providing False witness statements to the Police and Courts is a criminal offence;
 CRIMES ACT 1900 SECT 334
- Committing Perjury in Court is a criminal offence; CRIMES ACT 1958 SECT 314

The view that some family violence order applications are unjustified appears to be shared by state magistrates in New South Wales and Queensland. Hickey and Cumines in a survey of 68 NSW magistrates concerning apprehended violence orders (AVOs) found that 90% agreed that some AVOs were sought as a tactic to aid their case in order to deprive a former partner of contact with the children.

To discourage anyone from making false allegations and depleting government resources, Section 99 Costs of the Crimes (Domestic and Personal Violence) Act 2007 ought to apply to any person (women and men) seeking an ADVO thought the assistance of either the Police or privately through the Local Court that is based on false allegations.

According to the attached news article published in Sydney Morning Herald 6 July 2013, by Harriet Alexander, Justice Collier Family Court of Australia says;

"False abuse claims are the new court weapon"

"Allegations of child sexual abuse are being increasingly invented by mothers to stop fathers from seeing their children, says a retiring Family Court judge.

Justice David Collier, retiring from Parramatta Family Court at the end of the month after 14 years on the bench, sees unprecedented hostility infiltrating the Family Court, and a willingness by parents to use their children to damage one another.

"If a husband and wife really get down to it in this day and age, dirt flies," Justice Collier said.

The worst are those mothers who direct false allegations of abuse against former partners.

"When you have heard the evidence, you realise that this is a person who's so determined to win that he or she will say anything. I'm satisfied that a number of people who have appeared before me have known that it is one of the ways of completely shutting husbands out of the child's life.

"It's a horrible weapon."

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Such cases are fraught for Family Court judges. Once an allegation has been made it is impossible to ignore. The court must deem whether there is an "unacceptable risk" of abuse occurring in the father's care.

Sometimes the allegations are obviously fabricated, other times they are probably true.

"It's that grey area in the middle that you lose sleep over at night, and you do lose sleep," Justice Collier said.

"They're difficult to disprove. The allegation lingers there."

Barrister Esther Lawson, who sits on the family law committee at the NSW Bar Association, said anecdotally there appeared to be an increase in allegations of sexual abuse coming before the court, but the reasons were unclear.

The real reasons for domestic violence are often disguised behind more significant problems in our overall system although many pro-feminist women's organizations and lobby groups such as but not limited to;

- Women's domestic violence and legal service for women
- National Foundation for Australian Women
- No to Violence Male Family Violence Prevention Association

are continuing to fuel their gender war against innocent men and fathers with children.

As widely use by mothers to gain sole parental responsibility of children and financial benefits the following steps recommended by government funded prejudice women's organizations outlines how easy the "system" is to abuse for women;

- 1. An application for an ADVO is made in the local court in NSW (or in the magistrate's court in the other states and territories) or at the local police station in most cases based on false or misleading allegations.
- 2. The police with their limited resources will usually not investigate the false allegations. As a result, the false allegations will usually remain unproved during later court proceedings.
- 3. When the matter comes to court, the police prosecutor will then pressure the alleged offender, in most cases an innocent father to accept a family violence order "without admission". **This is a trap.**

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- 4. Once an order for a family violence order has been made, the initiating parent in most cases the mother will then make an application for residence and contact orders in the Family Court/Federal Circuit Court.
- 5. Under section 60CC of the *Family Law Act 1975*, any issues of family violence will be sufficient reason to restrict or, in some cases, prevent all contact between the child and the innocent Father by the Family Court/Federal Circuit Court.
- 6. This establishes effective sole custody of the children for the custodial parent, in most cases the mother. This then goes "hand in hand" with increased child support payments and larger property settlement payouts.

I believe it is time to progress in our approach to a more rational and mature stage of tackling the problem: recognizing men and Fathers with children as victims as well.

Whilst the fact 1 in 3 victims of Family violence is a man, they are often discriminated by the Government, Police and the Courts and vilified by women's organizations, annexed hereto.

FACTS AND STATS

- 1. At least one in three victims of family violence is male
- 2. More than one male per week is a victim of domestic homicide
- 3. Almost one in four young people are aware of their mum/stepmum hitting their dad/stepdad
- 4. Male and female victims of reported domestic assault receive very similar numbers and types of injuries
- 5. Males are almost three times less likely to report being a victim of domestic violence to the police
- 6. Post-separation, similar proportions of men and women report experiencing physical violence including threats by their former spouse

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MALE VICTIMS LACK SUPPORT

While many services have quite rightly been established over the past four decades to support female victims of family violence, the needs of male victims remain largely unmet.

Historically government policies have been based on the assumption that the vast majority of perpetrators are male and the vast majority of victims are female, and **the policies of current governments are still based on this erroneous position.**

Indeed, regretfully, the *National Council to Reduce Violence against Women and their Children* **did not include male victims** in their otherwise laudable March 2009 recommendations which have been enthusiastically supported by the federal government and the Council of Australian Governments.

Now is the time for action by politicians and community leaders to recognise that a comprehensive approach is required to combat the scourge of family violence.

As recognized by news article published in Sydney Morning Herald 3 December 2013, Mark White Male domestic violence victims need more support, annexed hereto.

"We need to **shift our focus from women victims of partner violence to victims of partner violence, and provide resources for dealing with <u>all victims and all perpetrators</u>. Children suffer regardless of which parent is violent," McLean says"**

"After reading a few studies you feel like you're watching a heavily annotated bunfight between researchers trying to show women are the overwhelming victims and others trying to show men are copping it just as badly "The problems are that the different definitions and research methodology researchers use, plus the reluctance of men to report, lead to different findings," says Professor Alfred Allan, from Western Australia's Edith Cowan University, who co-wrote a 2010 report, Intimate Partner Abuse of Men"

Recognising male victims doesn't mean dishonouring any female victims or redirecting resources. It can help reduce family violence further.

Matthew emailed to say he'd called the police to try to resolve an access issue and was directed to a domestic violence liaison officer. "She offered me a referral to counselling for victims of crime. I broke down crying. It made me feel like my perspective that I had been a victim had been validated by someone within the system."

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On the contrary to women, obtaining protection and restraining orders (ADVO) is significantly more difficult for men and Fathers with children compare to a woman and **gender discrimination** is **inevitable**.

- There is <u>NO</u> Domestic Violence Liaison Officer available for men and Fathers with children offered by the Police, whilst this service is widely enjoyed and privileged to women only.
- There is <u>NO</u> Domestic Violence Liaison Officer/facilities available for men and Fathers
 with children at the Courts, whilst this service is widely enjoyed and privileged to
 women only.
- There is <u>NO</u> Domestic Violence Liaison advice line available for men and Fathers with children offering paramount advice and support in critical situations, whilst this service is widely enjoyed and privileged to women only.
- 4. There is **NO Domestic Violence information** available for men and Fathers with children at government funded Family Relationship centers, Police stations or Courts, whilst there is ample information for women only, printed on glossy brochures offering step by step instruction of how to obtain an ADVO against their husband/partner.
- 5. **Men and Fathers with children are often discriminated by the Police**, refusing to apply for an ADVO on their behalf and instead referring them to the Local court to make a private application.
 - a. Men and Fathers with children that is forced to file a private ADVO application in Court due to being discriminated by the Police, is NOT offered any legal representation and is severely disadvantaged.
 - **b.** As a direct result of being without any legal representation, the **ADVO** application is often dismissed.
 - c. As a result of an unsuccessful ADVO application, cost orders are then sought against the father by the mother who discourages fathers from seeking protection.
- Men and Fathers with children seeking protection and restraining orders under the Crimes (Domestic and Personal Violence) Act 2007 from women are discriminated as the meaning of abuse, harassments and intimidations is significantly diverse;
 - a. **Emotional abuse does NOT apply for men and Fathers with children** at the Courts, whilst this is a widely considered and privileged to women only.
 - b. **Psychological abuse does NOT apply for men and Fathers with children** at the Courts, whilst this is a widely considered and privileged to women only.
 - c. **Economic abuse does NOT apply for men and Fathers with children** at the Courts, whilst this is a widely considered and privileged to women only.

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Recommendations

 Implement Section 117AB of the Family Law Act which provides that if a party knowingly made a false statement or allegation in the proceedings, the court must make a cost order against that party.

This will discourage women from commencing making false allegations prior to and throughout the Family Law Court Proceedings and subsequently reduce the number of false ADVO application by more than 50%, a significant saving in Government funds.

- 2. Implement the rebuttable *presumption of equal time shared parenting* into the Family Law legislation.
- 3. Implement a *Domestic Violence Liaison Officer* within the Police force and at the Courts and a government funded *Domestic Violence advice and support system* for men and Fathers with children.
- 4. Have the Family Court/Federal Circuit Court and the Child Support Programme (formerly known as the Child Support Agency) recognise, as psychological violence, withholding access to children from their fathers as abuse.
- 5. Remove **Section 99 (4)** A court is not to award costs against a police officer who makes an application unless satisfied that the police officer made the application knowing it contained matter that was false or misleading in a material particular of the Crimes (Domestic and Personal Violence) Act 2007.

This will ensure that the Police officer investigate each application on its merits and evidence and NOT based on FALSE ALLEGATIONS. Subsequently a significant reduction by more than 50% of false ADVO application brought before the Court is achieved.

[NO evidence = No ADVO Application initiated by the Police]

7. Implement a *Discrimination Liaison Officer* at the Police and the Courts to ensure that the meaning of abuse, harassments, and intimidations according to the *Crimes* (Domestic and Personal Violence) Act 2007 interprets the same for women and men, mothers and fathers, with or without children.

We trust this submission will assist in implementing a pragmatic approach in reducing and impacts of family violence on **all Australian men, women, children, mothers and Fathers** and rectifying the "system" of being abused for parental and personal benefits by mothers.

Yours faithfully,

Post-Separation Conflict and the Use of Family Violence Orders

Patrick Parkinson,* Judy Cashmore** and Judi Single†

Abstract

181 parents in 164 different families across Australia, who had been involved in disputes about parenting after separation, were interviewed by the authors about the history of the dispute. In 37 per cent of the families there were known to have been applications for family violence orders ('FVOs') made by or on behalf of one of the former partners against the other. While there were some cases of severe physical violence, the majority of cases did not involve physical assaults causing injury, or a significant threat of such assaults. The research demonstrates the wide range of situations in which FVOs may be sought. FVOs were sought in a number of cases to manage the process of separation from one household into two, and to maintain boundaries following separation. They were also sought to address issues of verbal abuse or alleged harassment. While applicants reported a valid legal basis for applying for FVOs, in certain cases FVOs were used on legal advice for collateral purposes connected with potential family law disputes. While FVOs often played the protective role for which they were designed, they could also exacerbate conflict and make it harder to resolve parenting disputes. These findings raise questions about whether there needs to be some reform of state and territory laws on FVOs.

I Introduction

For years, there has been controversy about the issue of domestic violence in parenting cases. In the last two years research studies, inquiries and law reform commission publications have given the issue particular attention. Professor Richard Chisholm, a former Family Court judge, conducted a review in 2009 of the processes of the Family Court and Federal Magistrates Court in handling cases where there are issues of domestic violence and recommended that in each parenting case there should be a risk assessment conducted soon after the case comes into the system. A major evaluation of the 2006 reforms to the *Family Law Act 1975* (Cth), conducted by the Australian Institute of Family Studies (AIFS), found that for 'a substantial proportion of separated parents, issues relating to violence, safety concerns, mental health, and alcohol and drug misuse are relevant' and that the 'family law system has some way to go in being able to

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The Hon. Richard Chisholm, Family Courts Violence Review (Federal Attorney General's Department, 2009).

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respond effectively to these issues'. 2 Issues of domestic violence and family law have also been considered by the Australian and New South Wales Law Reform Commissions.³

Physical violence and emotional abuse are, regrettably, common features of separated families. In the course of its evaluation, the AIFS surveyed some 10,000 recently separated parents. It found that 26 per cent of mothers and 17 per cent of fathers reported being physically hurt by their former partner either before or during the separation. A further 39 per cent of mothers and 36 per cent of fathers reported emotional abuse without also reporting being physically hurt.⁴ Evidence from an earlier study conducted by the AIFS and based on interviews with a general population of separated parents found that 65 per cent of women and 55 per cent of men reported that they had experienced assaults against them by their former partner either during the relationship or after separation.⁵

Violence and abuse that occurs following separation ought to be of particular concern to policymakers, for whatever emphasis the law may place on the importance of maintaining a meaningful relationship between a child and both his or her parents, it is appropriate that an absolute priority be given to the safety of victims of violence and their children when there is a risk of serious harm to them. In its evaluation of the 2006 family law reforms, AIFS found that 21 per cent of mothers and 16.5 per cent of fathers reported concerns for their own safety or the safety of the children at the time of the interview.

A Typologies of Post-separation Violence

While the definition of family violence in law and in research varies, there is an acknowledgment in some quarters at least that there should not be a one-size-fitsall response to behaviour that might be categorised as 'family violence'. Thirty years of social science research has demonstrated that there are a number of different patterns of violent conflict between intimate partners, or formerly intimate partners,⁸ and responses to the problem of family violence should

Janet Johnston and Linda Campbell, 'A Clinical Typology of Interparental Violence in Disputedcustody Divorces' (1993) 63 American Journal of Orthopsychiatry 190; Joan B Kelly and Michael P Johnson, 'Differentiation Among Types of Intimate Partner Violence: Research Update and Implication for Interventions' (2008) 46 Family Court Review 476; Nancy Ver Steegh, 'Differentiating Types of Domestic Violence: Implications for Child Custody' (2005) 65 Louisiana Law Review 1379; Stacey L Williams and Irene Hanson Frieze, 'Patterns of Violent Relationships, Psychological Distress, and Marital Satisfaction in a National Sample of Men and Women' (2005) 52 Sex Roles 771. There is nonetheless a difference of view as to whether intimate partner violence is best explained by typologies, or should rather be seen as a continuum from mild conflict to severe

Rae Kaspiew et al, Evaluation of the 2006 Family Law Reforms (Australian Institute of Family Studies, 2009) 364.

Australian Law Reform Commission and New South Wales Law Reform Commission. Family Violence—A National Legal Response (Report No 114, 2010).

Kaspiew et al. above n 2, 26.

These were the figures for assaults within the legal definition. Fifty-three per cent of women and 24 per cent of men reported violence or threats of violence that induced fear; 14 per cent of women and 3 per cent of men reported injuries resulting from violence that required medical treatment. Grania Sheehan and Bruce Smyth, 'Spousal Violence and Post-separation Financial Outcomes' (2000) 14 Australian Journal of Family Law 102.

Family Law Act 1975 (Cth) ss 60B and 60CC(2).

Kaspiew et al, above n 2, 28.

depend on the circumstances. Four types of violence are commonly described in the literature: coercive controlling violence; violence driven by conflict; violent resistance; and separation-instigated violence. ⁹ While these categorisations are useful for understanding the dynamics of individual family relationships and identifying the degree of risk to a person's physical or psychological wellbeing, it should not be thought that they are entirely discrete categories. Each intimate partner relationship has its own unique features and there is some continuity between types. ¹⁰

The pattern of violence that has been most discussed in the legal literature is 'coercive controlling violence', 11 or 'intimate terrorism', as Michael Johnson has described it. 12 Women who have experienced coercive controlling violence often report a pattern of intimidation, social isolation, and control as well as physical or sexual assault. Behaviours that are involved in this intimidation and control have been characterised as economic, verbal and emotional abuse. Coercive, controlling violence involves male perpetrators and female victims almost without exception. The period around separation can be a particularly dangerous time for women who are victims of such controlling violence and challenging that control by leaving the relationship. 13

While coercive controlling violence is the type of violence most often seen by police, women's refuge workers and hospital emergency wards, in general community studies, the patterns of intimate partner violence often involve different dynamics. The majority of the violence revealed in such community studies is not coercive controlling violence, but what researchers have variously classified as

controlling violence and homicide: see Michael P Johnson, 'Domestic Violence: It's Not About Gender—Or is it?' (2005) 67 *Journal of Marriage and Family* 1126; David M Fergusson, L John Horwood and Elizabeth M Ridder, 'Response to Johnson' (2005) 67 *Journal of Marriage and Family* 1131.

The categorisation of family violence by means of typologies has its critics. See Jane Wangmann, 'Different Types of Intimate Partner Violence? A Comment on the Australian Institute of Family Studies Report Examining Allegations of Family Violence in Child Proceedings under the Family Law Act' (2008) 22 Australian Journal of Family Law 123.

Janet R Johnson, 'Response to Clare Dalton's "When Paradigms Collide: Protecting Battered Parents and Their Children in the Family Court System" (1999) 37 Family and Conciliation Courts Review 422, 426.

Mary Ann Dutton and Lisa A Goodman, 'Coercion in Intimate Partner Violence: Toward a New Conceptualization' (2005) 52 Sex Roles 743. See also Evan Stark, Coercive Control How Men Entrap Women in Personal Life (Oxford University Press, 2007).

Michael P Johnson, 'Conflict and Control: Gender Symmetry and Asymmetry in Domestic Violence' (2006) 12 *Violence Against Women* 1003. Johnson used to call it 'patriarchal' terrorism. See Michael P Johnson, 'Patriarchal Terrorism and Common Couple Violence: Two Forms of Violence Against Women' (1995) 57 *Journal of Marriage and Family* 283. The use of the language of 'terrorism' in relation to domestic violence may be traced to Lewis Okun, *Woman Abuse Facts Replacing Myths* (State University of New York, 1986), who used the term 'conjugal terrorism'.

Margo Wilson and Martin Daly, 'Spousal Homicide Risk and Estrangement' (1993) 8 Violence and Victims 3; Patricia Easteal, Killing the Beloved Homicide Between Adult Sexual Intimates (Australian Institute of Criminology, 1993) 85–7; Holly Johnson and Tina Hotton, 'Losing Control: Homicide Risk in Estranged and Intact Intimate Relationships' (2003) 7 Homicide Studies 58. See also Martha Mahoney, 'Legal Images of Battered Women: Redefining the Issue of Separation' (1991–2) 90 Michigan Law Review 1.

'conflict instigated violence', ¹⁴ 'common couple violence', ¹⁵ 'situational couple violence', or, in the language of the US Wingspread Conference, 'violence driven by conflict'. ¹⁷ The Wingspread Conference defined this as follows:

This type of violence takes place when an unresolved disagreement spirals into a violent incident, but the violence is not part of a larger pattern of coercive control. It may be initiated by either the male or female partner. However, female victims are more likely to suffer negative consequences, including injury, than are men. ¹⁸

Violence driven by conflict typically involves intimate partners 'losing' control, rather than 'using' violence to assert it.¹⁹ In their anger, either partner or both may behave in ways that may be characterised as verbal abuse or emotional abuse. Arguments may escalate into hitting, punching and throwing things.²⁰ Typically, the incidence of injuries resulting from this is not nearly as great as would be seen in coercive controlling violence;²¹ however, the two types of violence are not differentiated by the level of seriousness of the violence or risk of injury but rather by the degree of control.²² In characterising the key differentiation to be made, Ellis and Stuckless draw the fundamental distinction between *conflict-initiated* and *control-initiated* violence.²³

The language of 'victim' and 'perpetrator', 'abused parent' and 'violent parent' does not easily fit with the nature of violence driven by conflict; nor does an analysis that insists that only one gender is responsible,²⁴ even if the patterns of

Peter Jaffe et al, 'Custody Disputes Involving Allegations of Domestic Violence: The Need for Differentiated Approaches to Parenting Plans' (2008) 46 Family Court Review 500.

¹⁶ Kelly and Johnson, above n 8.

Nancy ver Steegh and Clare Dalton, 'Report from the Wingspread Conference on Domestic Violence and Family Courts' (2008) 46 Family Court Review 454.

18 Ibid 458.

Michael P Johnson, A Typology of Domestic Violence Intimate Terrorism, Violent Resistance, and Situational Couple Violence (Northeastern University Press, 2008) ch 4. Kerrie James, Beth Sneddon and Jac Brown, 'Using It' or 'Losing It': Men's Constructions of their Violence towards Female Partners (Research Paper No 1, Australian Domestic and Family Violence Clearinghouse, 2002). See also Kelly and Johnson, above n 8, 481.

Michael P Johnson and Kathleen J Ferraro, 'Research on Domestic Violence in the 1990s: Making Distinctions' (2000) 62 Journal of Marriage and Family 948, 949.

Johnson, 'Conflict and Control', above n 12, 1006.

Desmond Ellis and Noreen Stuckless, Mediating and Negotiating Marital Conflicts (Thousand Oaks, 1996).

The research evidence from general population studies make it clear that both women and men engage in physically aggressive altercations in intimate relationships. In a meta-analysis of 82 studies, it was found that women were slightly more aggressive than men. John Archer, 'Sex Differences in Aggression between Heterosexual Partners: A Meta-analytic Review' (2000) 126 Psychological Bulletin 651. See also Williams and Frieze, above n 9; Tami P Sullivan, Jennifer Titus et al, 'Does the Inclusion Criterion of Women's Aggression as Opposed to Their Victimization Result in Samples That Differ on Key Dimensions of Intimate Partner Violence?' (2010) 16 Violence Against Women 84. While many of these studies rely on use of the Conflict Tactics Scale (Murray A Straus, 'Measuring Intrafamily Conflict and Violence: The Conflict Tactics (CT) Scales' (1979) 41 Journal of Marriage and Family 75, the same patterns are discerned using other measures. See, eg, David M Fergusson, L John Horwood, and Elizabeth M Ridder, 'Partner Violence and Mental Health Outcomes in a New Zealand Birth Cohort' (2005) 67 Journal of Marriage and Family 1103. This research has proved highly controversial for those committed to

Johnson, Patriarchal Terrorism' above n 12.

Nicola Graham-Kevan and John Archer, 'Physical Aggression and Control in Heterosexual Relationships: The Effect of Sampling Procedure' (2003) 18 Violence and Victims 181; Kelly and Johnson above n 8, 481.

female violence within intimate partnerships are different from male violence,²⁵ and women are at greater risk of injury.²⁶

While violence driven by conflict predominates in general community studies, coercive controlling violence is much more common in cases that go to court and for women in domestic violence shelters. Michael Johnson, reviewing Frieze's US data from the 1970s²⁷ and focusing on wives' accounts of violence by husbands, reported that 89 per cent of the violence in a general community sample was best characterised as violence driven by conflict, and 11 per cent as coercive controlling violence. In the court sample, only 29 per cent of the violence was driven by conflict and 68 per cent was coercive and controlling. In the sample of women who had been in shelters, the proportions were 19 per cent and 79 per cent respectively.²⁸

Coercive controlling violence and violence driven by conflict are not the only patterns of violence identified in research. Violent resistance and separation-instigated violence have also been identified.²⁹ 'Violent resistance' is force used in self-defence. 'Separation-instigated violence' was identified by Johnston and Campbell, who observed—in their studies of ongoing and entrenched disputes over post-separation parenting—that there was a group of parents where uncharacteristic acts of violence were precipitated by the separation or were reactions to traumatic post-divorce events. In these cases, violence occurred only during or after the separation period and was not present during the marriage itself.³⁰

B Family Violence Orders

An important strategy in promoting the safety of people who are, or used to be, in intimate relationships is through the use of FVOs. All states and territories in Australia have laws that allow state magistrates' courts to make FVOs. The

a single causal factor theory of domestic violence centred in patriarchy and male control. For discussion, see Murray A Straus, 'Future Research on Gender Symmetry in Physical Assaults on Partners' (2006) 12 *Violence Against Women* 1086.

- See, eg, Russell P Dobash and R Emerson Dobash, 'Women's Violence to Men in Intimate Relationships: Working on a Puzzle' (2004) 44 British Journal of Criminology 324; Marianne Hester, Who Does What to Whom? Gender and Domestic Violence Perpetrators (June 2009) University of Bristol, School for Policy Studies, http://www.bristol.ac.uk/sps/research/projects/reports/2009/rj4843/whodoeswhat.pdf.
- In one study of incidents of domestic assault reported to the police in 2004 in New South Wales, nearly 74 per cent of women who reported assault by their partners or former partners had suffered injuries compared with 36 per cent of men who reported assault by their partners or former partners: Julie People, 'Trends and Patterns in Domestic Violence Assaults' (2005) 89 Crime and Justice Bulletin 9. See also Richard B Felson and Alison C Cares, 'Gender and the Seriousness of Assaults on Intimate Partners and Other Victims' (2005) 67 Journal of Marriage and Family 1182.
- Irene Hanson Frieze, 'Investigating the Causes and Consequences of Marital Rape' (1983) 8 Signs 532; Irene Hanson Frieze and Angela Browne, 'Violence in Marriage' in Lloyd Ohlin and Michael Tonry (eds), Family Violence (University of Chicago Press, 1989) 163; Irene Hanson Frieze and Maureen McHugh, 'Power and Influence Strategies in Violent and Nonviolent Marriage' (1992) 16 Psychology of Women Quarterly 449.
- Johnson, 'Conflict and Control' above n 12. Johnson used the terminology of 'situational couple violence' and 'intimate terrorism'.
- See Kelly and Johnson, above n 8.
- Johnston and Campbell, above n 8, 196–7.

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names given to such orders vary from one jurisdiction to another. In New South Wales, for example, they are called 'apprehended violence orders' (often abbreviated to AVOs). In Victoria they are called 'family violence intervention orders'. Another term used by participants in this study is 'DVO' (domestic violence order).

The grounds upon which such orders may be sought also vary from one jurisdiction to another. For example, in New South Wales an order may be sought if an applicant fears the commission of an offence involving physical or sexual violence, property damage, stalking, harassment or intimidation.³¹ In other states, the grounds for FVOs are more wide ranging. In Tasmania's *Family Violence Act 2004*, for example, the definition of family violence includes verbal, economic and emotional abuse.³² Similarly, Victoria's *Family Violence Protection Act 2008* offers a broad definition of family violence which includes emotional, psychological and economic abuse³³ but a final order requires the likelihood of repetition.³⁴ Emotional or psychological abuse includes behaviour that is 'offensive to the other person'.³⁵ In the Australian Capital Territory, conduct which is offensive to a relevant person is also termed 'domestic violence'.³⁶

The variation in the definitions and the grounds for orders as well as police involvement means that the actual rate of orders varies markedly across jurisdictions. There is also some evidence that the number of applications for FVOs in Australia³⁷ is increasing quite significantly, in contrast, for example, to England and Wales where there was a 15 per cent decline in applications for such orders between 2002 and 2006.³⁸ To put the Australian figures into some perspective, the number of applications for restraining orders made in England and Wales in 2006 was 16 937,³⁹ with a population base of about 54 million.⁴⁰ In New South Wales, there were 22 684 orders made two years later in 2008, nearly one-third more than in England and Wales, although the population of New South Wales was about 7 million, about an eighth of the population of England and Wales.⁴¹ One reason why

Family Violence Protection Act 2008 (Vic) s 5.

³⁶ Domestic Violence and Protection Orders Act 2008 (ACT) s 13(1).

Office for National Statistics, 'Population Trends' (Winter 2007, Issue No 130) 13 http://www.statistics.gov.uk/statbase/product.asp?vlnk=6303.

Crimes (Domestic and Personal Violence) Act 2007 (NSW) s 16.

Family Violence Act 2004 (Tas) s 7.

Jibid s 74(1): The court may make a final order if the court is satisfied, on the balance of probabilities, that the respondent has committed family violence against the affected family member and is likely to do so again.

³⁵ Ibid s 7.

In New South Wales, the number of AVOs increased from 13 831 in 1996 to 24 310 in 2009, an increase of 75 per cent: NSW Bureau of Crime Statistics and Research, *Criminal Court Information* (1 November 2010) http://www.bocsar.nsw.gov.au/lawlink/bocsar/ll_bocsar.nsf/pages/bocsar_court_stats. In Queensland, the number of domestic and family violence orders rose from 9585 in 1996–7 to 13,305 in 2006–7. This is a 39 per cent increase. Statistics cited in Chris Cunneen, *Alternative and Improved Responses to Domestic and Family Violence in Queensland Indigenous Communities* (Queensland Department of Communities, 2010) 57.

Mandy Burton, 'Civil Law Remedies for Domestic Violence: Why are Applications for Non-molestation Orders Declining?' (2009) 31 Journal of Social Welfare and Family Law 109, 111.

³⁹ Ibid 111.

NSW Bureau of Crime Statistics and Research, New South Wales Criminal Courts Statistics 2008, 6, Table 1.14.

FVOs are so common in Australia is because of the high level of police involvement, at least in some jurisdictions. 42

C Australian Research on Post-Separation Violence

In addition to a considerable amount of research on domestic violence generally, ⁴³ and on FVOs, ⁴⁴ empirical research has been undertaken specifically into domestic violence in the aftermath of separation. ⁴⁵ Some studies have been based on interviews with women who have experienced violence. ⁴⁶ Others have examined court files to see what material is contained in affidavits, reports and judgments. ⁴⁷ Some information about issues of violence has also emerged from more general studies of the family law system. ⁴⁸

There is still, however, a relative paucity of information about experiences of post-separation family violence in the general population of Australian parents who live apart and, in particular, research that reports on the different perspectives of women and men. The research described in this article adds to the literature on

In Victoria, for example, nearly half of all orders were sought by the police in 2006–07. The percentage is similar in Queensland. In New South Wales, over 70 per cent of orders are sought by the police.

In Australia, empirical studies include: Helen Spowart and Rebecca Neil, 'Stop in the Name of Love' (1997) 22 Alternative Law Journal 81; Angela Melville and Rosemary Hunter, "'As Everybody Knows": Countering Myths of Gender Bias in Family Law', (2001) 10 Griffith Law Review 124; Rosemary Hunter, 'Narratives of Domestic Violence' (2006) 28 Sydney Law Review 733; Dale Bagshaw et al, Family Violence and Family Law in Australia The Experiences and Views of Children and Adults from Families who Separated Post-1995 and Post-2006 (2010).

- See, eg, Rosemary Hunter, Domestic Violence Law Reform and Women's Experience in Court (Cambria Press, 2008); Lily Trimboli and Roseanne Bonney, An Evaluation of the NSW Apprehended Violence Order Scheme (NSW Bureau of Crime Statistics and Research, 1997); Jennifer Hickey and Steven Cumines, Apprehended Violence Orders A Survey of Magistrates (Victorian Law Reform Commission, 1999); Belinda Carpenter, Sue Currie and Rachael Field, 'Domestic Violence: Views of Queensland Magistrates' (2001) 3 Nuance 17; Anna Stewart, 'Who Are the Respondents of Domestic Violence Protection Orders?' (2000) 33 Australian and New Zealand Journal of Criminology 77; Heather Douglas and Lee C Godden, 'The Decriminalisation of Domestic Violence: Examining the Interaction Between the Criminal Law and Domestic Violence' (2003) 27 Criminal Law Journal 32, 36 (46 per cent—data collected in 2001); Jane Wangmann, She said ...' He said ...' Cross Applications in NSW Apprehended Domestic Violence Order Proceedings (PhD Thesis, University of Sydney, 2009).
- For a review of the North American literature, see Jennifer L Hardesty, 'Separation Assault in the Context of Postdivorce Parenting' (2002) 8 Violence Against Women 597.
- Miranda Kaye, Julie Stubbs, and Julia Tolmie, Negotiating Child Residence and Contact Arrangements against a Background of Domestic Violence (Families, Law and Social Policy Research Unit, University of Sydney, 2003); Kathryn Rendell, Zoe Rathus and Angela Lynch, An Un acceptable Risk A Report on Child Contact Arrangements Where There is Violence in the Family (Brisbane Women's Legal Service, 2002).
- Lawrie Moloney et al, Allegations of Family Violence and Child Abuse in Family Law Children's Proceedings (Research Report 15, Australian Institute of Family Studies, 2007); Rae Kaspiew, 'Violence in Contested Children's Cases: An Empirical Exploration' (2005) 19 Australian Journal of Family Law 112; Rae Kaspiew, 'Empirical Insights into Parental Attitudes and Children's Interests in Family Court Litigation' (2007) 29 Sydney Law Review 131; Amanda Shea Hart, 'Children Exposed to Domestic Violence: Undifferentiated Needs in Australian Family Law' (2004) 18 Australian Journal of Family Law 170 (study of first instance judgments).

⁴⁸ Helen Rhoades, Regina Graycar and Margaret Harrison, *The Family Law Reform Act 1995 The First Three Years* (The University of Sydney and the Family Court of Australia, 2000).

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post-separation family violence by examining accounts of violence—and, in particular, the use of FVOs—by a population of 181 parents who were interviewed about their family law disputes, including 17 former couples. Both women's and men's accounts are analysed, based upon in-depth personal interviews. The inclusion of both men and women, and particularly those who were party to and reporting on the same relationship, is an important aspect of this research.⁴⁹

The advantage of examining issues of domestic violence in these cohorts is that they represent personal accounts from people who have had family law disputes and have reported a history of violence, but who were not recruited to the study *because* there had been violence, or allegations of violence, in the relationship. The accounts of participants give an indication of the diverse range of incidents and behaviours that might lead to an application for a FVO, and the range of purposes for which such an order may be sought.

II Method

The data comes from three research studies conducted by the authors: (1) on children's participation;⁵⁰ (2) on relocation disputes;⁵¹ and (3) on contact disputes in high conflict families.⁵² All the projects were approved by the Human Ethics Committee of the University of Sydney.

The Children's Participation Study involved interviews with 90 parents, 43 women and 47 men. Ninety-one per cent of the mothers were resident parents, and 66 per cent of the fathers were non-resident parents. There were six former couples in this study. The interviews were conducted between 2002 and 2004. Parents whose children had also taken part in the study were reinterviewed along with their children about two years after the first interview.

The Relocation Study, which is a continuing, prospective longitudinal project, involves interviews with 40 women and 40 men. The findings reported in this study are based mainly on the first interviews—completed between July 2006 and August 2008—with some further information from the second round of interviews conducted in 2008–09. Lawyers were asked to identify relocation disputes that had been resolved in the six months prior to being contacted for this study. The criterion for a client's inclusion in the study was that he or she had come to see the lawyer for advice concerning a relocation dispute. There were nine former couples in this cohort.

See Dobash and Dobash, above n 25, who also emphasise the importance of being able to look at 'shared events'.

Hereafter the 'Children's Participation Study'. This was a study on how children's views should be taken into account in resolving disputes about parenting after separation. See Patrick Parkinson and Judith Cashmore, *The Voice of a Child in Family Law Disputes* (Oxford University Press, 2008). This research was supported under the Australian Research Council's *Discovery Projects* funding scheme (DP210033).

Hereafter the 'Relocation Study'. A relocation dispute occurs when one parent, almost invariably the mother, wants to relocate to another place with the effect that the non-resident parent's contact with the children will be significantly diminished. This research was supported under the Australian Research Council's *Discovery Projects* funding scheme (DP0665676 and DP0988712).

Hereafter the 'Contact Disputes Study'. Judith Cashmore and Patrick Parkinson, 'Understanding Contact Disputes' (Report to the Federal Attorney-General's Department, 2009).

In both the Children's Participation and Relocation Studies, a majority of participants were involved in cases that went to trial. In the Children's Participation Study, this was a consequence of the recruitment strategy, in which two discrete groups of participants were sought—one group which had resolved matters with relatively little involvement of the court system, and another group that had been involved in contested proceedings.⁵³ In the Relocation Study, while the only criterion for the invitation to participate was that there had been a relocation dispute about which a person had sought legal advice, the majority of cases went to trial. Others settled shortly before, or during trial.⁵⁴

In both these studies, participants were recruited through solicitors, who wrote to clients inviting them to participate. Legal Aid solicitors were included, but most participants were recruited through private lawyers. All participants had had legal advice or representation at some point in the course of resolving their family law dispute, but a few represented themselves at various times.

In the third study—a small qualitative analysis of contact disputes in high-conflict families—participants were recruited from Unifam's *Keeping Contact* program, a therapeutic program for parents where there has been entrenched conflict. Many of the participants had been mandated to attend by the court. The Contact Disputes Study added 11 cases that were not part of the other two studies, including two former couples.⁵⁵ In total there were 181 participants in 164 families; 17 former couples took part.

Face-to-face interviews were conducted with almost all participants. A small number were interviewed by telephone due to the distance and expense involved in travelling to interview them in person. The face-to-face interviews were usually conducted in people's homes, but on some occasions were conducted in an office or a public location.⁵⁶ All interviews were taped with consent and transcribed verbatim.

The relaxed environment of interviewing in the home with most parents on more than one occasion, together with a flexible interview schedule which allowed plenty of time for each participant to tell his or her story, meant that all interviews were in-depth explorations of the history of the family law dispute. Interviews typically lasted between one-and-a-half and three hours. The interviews, in all three studies, began in much the same way, with an invitation to each participant to speak about the history of the relationship and the family law dispute. While the main focus of each interview was on the post-separation legal dispute, participants often took considerable time to describe the history of the relationship, and how and why it ended.

It might be expected that more allegations of violence would be found in cases that went to trial than cases that settled out of court since that is the pattern in children's cases generally.

See Patrick Parkinson, Judy Cashmore and Judi Single, 'The Need for Reality Testing in Relocation Cases' (2010) 44 Family Law Quarterly 1.

There was some overlap between the Contact Disputes Study and the other two larger studies, since some participants' responses were analysed for the purposes of more than one study.

A strict safety protocol was used for interviews in the home which included a phone-in system within a reasonable time of the expected end of each interview.

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In the Children's Participation and Contact Disputes Studies, no specific questions were routinely asked about a history of violence, although violence and child abuse featured in many of the accounts, and these included detailed accounts of violence that occurred while the parents were still living together.⁵⁷ Family violence orders were frequently a part of the history of legal conflict between the parents.

In the first interview of the Relocation Study, female interviewees were asked whether escaping violence was a reason for wanting to relocate, and issues of violence which emerged in the course of the narratives were explored. In the second interview of the Relocation Study, interviewees were asked specifically about any violence or allegations of violence in the course of the relationship and in the aftermath of separation, including whether FVOs had been obtained. No definition of violence was given to interviewees. Rather, they were invited to describe any behaviour that they considered to be 'violence'.

Some indication of the level of disclosure, and differences between the accounts of those who were reporting on the same relationship, can be seen from the 17 former couples (34 participants) across the three studies. In one case, the woman disclosed a history of violence during the course of the relationship but her former partner only referred to the fact that she had sought assistance from a domestic violence service. In another very high-conflict case involving a large number of court appearances, a woman made three unsuccessful attempts to get FVOs, but in the interview her former partner did not mention these particular applications. In the other six cases where there were allegations of violence or applications for FVOs, the account of one former partner is corroborated, at least to some extent, by the other, even if they had different versions of events.

A Methodological Considerations and Limitations

Given their engagement in the interviews and their in-depth accounts of the history of the relationship, there is reason to believe that the interviewees highlighted those aspects of the relationship and incidents after separation that were most salient and important to them. For women, this included accounts of violence where that was, for them, a significant part of their story; the history of obtaining FVOs formed an aspect of their narrative about the legal conflict. For men, reports of violence were much less common, but their narratives often included applications for FVOs that were made against them. ⁵⁸

It is certainly possible, however, that there were FVOs sought by one parent against the other in the Children's Participation and Contact Disputes Studies which participants did not reveal in the absence of specific questioning, and that other issues of violence, particularly prior to separation, were not reported. In the second interview for the Relocation Study, with specific questions directed to exploring a history of violence, two men and two women who had not previously

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Because the definition of violence in some research studies may include forms of abuse which do not involve physical violence, in this article we refer to 'physical' violence when that is what is meant, and describe other forms of abuse specifically.

Clearly interviewees are likely to present their story in a positive light and there is no assumption that their accounts are 'unbiased': see Dobash and Dobash, above n 25.

spoken about FVOs in the first interview reported on applications for FVOs that had previously been made either by or against them.

Interviewees may also be reluctant to disclose that they have been victims of violence, without a level of trust being established over more than one meeting.⁵⁹ One woman disclosed violence in the second interview, when specifically asked, that she did not reveal in the first.

It is also possible that interviewees may not have seen violence as relevant because their reason for participating in the study was focused elsewhere (on Children's Participation or Relocation). They may also not have identified violence as an issue during or after their relationship although they may possibly have later come to see their former partner's behaviour in this light.

As it was only in the Relocation Study that interviewees were asked specifically about a history of violence, it may well be that the total incidence of violence and applications for FVOs was understated across the three studies. It is not the numbers as a proportion of all interviewees that are the focus of this article, but rather the patterns of violence and the dynamics of post-separation conflict that led to applications being made for FVOs.

III Results

A Prevalence of Family Violence Orders

In total, out of 164 different families across the three studies, there were reports of FVOs sought by one former partner against the other, or involving mutual FVOs in 61 families—37 per cent of the families. Most applicants were women, but in six cases mutual FVOs were sought, and in six other cases, men were the applicants.

Interim FVOs were not necessarily made into final orders. This is consistent with the national picture. In New South Wales, about 45 per cent of applications for FVOs do not lead to final orders, mostly because the complainant does not proceed beyond an interim order.⁶⁰ In Victoria, about 40 per cent of applications in domestic cases are also finally disposed of by being withdrawn or dismissed, with a further 5–6 per cent being withdrawn after receiving an undertaking.⁶¹

On the issue of whether the FVO was made final, the women's and men's reports differed significantly. Men reported with some frequency that they had contested the FVO application and that it had been withdrawn or dismissed.

Intervention Order Statistics 2002/03–2006/07 (2009) 50. See also Rosemary Wearing, Monitoring the Crimes (Family Violence) Act 1987 A Study of Those Who Do Not Proceed (Victoria Law

Foundation, 1996).

On reluctance to disclose violence, see Hilary Astor, 'The Weight of Silence: Talking about Violence in Family Mediation' in Margaret Thornton (ed) Public and Private Feminist Legal Debates (Oxford University Press, 1995); see also Martin Schwartz, 'Methodological Issues in the Use of Survey Data for Measuring and Characterising Violence Against Women' (2000) 6 Violence Against Women 815.

Wangmann, She said ... 'He said ... ', above n 44, 109.
 Victorian Department of Justice, Statistics of the Magistrates' and Children's Courts of Victoria,

Women's reports very infrequently recorded the withdrawal or dismissal of a FVO application. However, the men's and women's accounts can to a large extent be reconciled in terms of how each spoke about the application. Women referred usually to 'taking out' a FVO as if it were an order that was automatically granted just because they asked for it. The normal course of events across the country is that after such an application has been made, an interim order is put in place by consent or by court order until such time as a contested application can be set down for hearing. It is not the case that an interim order will invariably be made. The magistrate must be satisfied that the application discloses a reasonable basis for the order, and occasionally interim orders are not made. Nonetheless interim orders tend to be made as a matter of course. If the application is contested, then the applicant may well choose not to go through to the final stage of the hearing, and this is one reason why interim FVOs may not become final.

By way of contrast to the women's accounts, the men who were aggrieved about what they considered to be an unjustifiable FVO tended to talk in terms of fighting the FVO and having it dismissed. It would be dismissed if the applicant did not turn up to court to pursue it.

The 61 families in which there were FVOs taken out against former partners are the focus of this article, but this did not represent the entirety of the FVOs reported by participants. There were applications for FVOs sought by fathers against the new male partners of the mothers, and by the mothers' new partners against the fathers. In other cases, participants were applicants for FVOs against other members of the former partner's family, or were respondents to applications brought by these relatives. There were also FVOs sought against a parent to protect a child where there had been concerns about child abuse.

The cases in which there were FVOs also do not represent the entirety of the violence and abuse reported by participants. There were women who recorded incidents of physical violence in the course of the relationship or after it ended who did not at any stage seek a FVO. Seeking a FVO may be a risky step to take for women who are scared of unpredictable and unstable former partners.

B Pre-Separation Violence

About a quarter of the women who gave details of a history of violence, or had applied for a FVO, reported physical violence that resulted in bruising, wounding or broken bones. Mostly, this violence occurred during the time they were cohabiting with their partner and eventually led to the separation. For example, Sarah⁶³ (Relocation Study) recounted a history of violence during her short de facto relationship, including bad bruising of the face, hips and shoulder. She went to court for a FVO. Leena described how her husband had been physically violent towards her infrequently, but these episodes were very serious:

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See Hunter, *Domestic Violence Law Reform*, above n 44, 115.

⁶³ Throughout this article, pseudonyms are used. This includes in quotations where the interviewee referred to the name of a former partner or a child.

2011] POST-SEPARATION CONFLICT

There weren't many areas of violence or many episodes of them but they were bad ... Well, he beat me up terrifically—that caused Sonia's premature birth.

— Children's Participation Study

Leena's case is indicative of the particular dangers some women face during pregnancy and after childbirth with violent partners.⁶⁴

Diana described a history of serious violence which led her to separate from her partner:

I was emotionally and physically abused. There were two instances of breaks, and one when I was actually drugged. And I was suffocated as well.

- Relocation Study

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Eventually, Diana decided to leave and told her former partner that she was not going back to him. After serious threats to her life, she applied for a FVO.

So then he left and then came back and then threatened to blow me up. And then two days later, he tried to run me off the road and that's when I got an AVO on him.

It was a minority of cases in which any physical violence was reported prior to separation. The most common pattern was that the behaviour that led to police involvement and applications for FVOs arose either around the time of separation or afterwards. It was a recurrent theme in many of these accounts that there had not been physical violence or the threat of it while the partners were living together, or that any such incidents had been isolated.

C Post-Separation Violence and FVOs

The period around the time of separation and afterwards led in many cases to incidents of physical violence which women indicated were atypical. Jennifer, for example, recorded a post-separation incident which led her to apply for a FVO. She was taking the children to see their father and was late. Although she had sent him a text message to let him know, he was furious. She decided that she was not going to let the children go with him if he was so angry. He tried to get his own way by physical force:

He picked me up and he threw me out of the way \dots And after that I was just sort of stunned, because he's never really hurt me in our marriage or anything.

— Relocation Study

Another woman, Kimberly, recounted why she needed a FVO at the time of separation:

I ended up having to get an AVO—he came and kicked my front door in ... he wasn't violent to me when we were married but when I left him he was. When it got to the point where I was saying, 'I'm leaving, I've had enough', he didn't

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Angela Taft, 'Violence against Women in Pregnancy and After Child Birth: Current Knowledge and Issues in Health Care Responses' (Issues Paper No 6, Australian Domestic and Family Violence Clearinghouse, 2002).

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punch me, he just dragged me around, things like that. So the police ended up putting an AVO on him.

Children's Participation Study

In some instances, participants referred to other forms of abusive behaviour such as verbal abuse while living together, and this might be understood, at the time or later, as a form of 'domestic violence':

[T]he lady at the court showed me this flow chart of domestic violence and it actually made me realise that that's what I've dealt with since I've been with him, but it's been verbal and emotional rather than physical.

— Jane, Relocation Study

Her sister got her to take out an AVO, for saying that I was violent and everything else. Um, which I'm not. I'm just—oh well I, I explode verbally. Better to be verbal than um physical, 'cause that's always been my motto. What's the use of bashing the daylights out of someone when you can just sort of embarrass them more by verballing abusing them?

— Ian, Children's Participation Study

Where there had been no physical violence prior to separation, the most common reasons for seeking FVOs, in women's accounts, were men's threatening behaviour, verbal abuse and 'loss of control' in the course of heated arguments that led to physical altercations. Men and women typically had different perspectives on these arguments and who was responsible. Louise, for example, reported that there had been no physical violence in the course of the relationship but that she sought a FVO after her former partner had tried to attack her on a contact handover.

He tried to attack me through the side of the car with Matthew in the car. He was just pissed off, you can tell with him, he sort of builds up. That was a very minor thing that he was pissed off about, Matthew had lost something and we couldn't find it and he just cracked.

— Relocation Study

Louise's former partner, Anthony, had a rather different version of events:

Oh, she gave me the finger out of the car. Yeah, incident at changeover where, yeah, she went nuts and abusive and stuff and then turned around and blamed it on me. Drove off with Matthew with the door open and that sort of thing.

Both parents' description of the event was that the other had 'lost it' and each blamed the other, although Louise's account indicates an attempted physical attack not mentioned by Anthony. Their post-separation relationship was characterised by ongoing conflict involving police, the courts and child protection services. Anthony made complaints against Louise to the child protection department, alleging physical and emotional abuse of Matthew. Louise complained that Anthony had 'a habit of holding the door open and not letting us go' and so court orders were varied to provide that he could not touch the car. They used a police station car park for contact handovers and between the first and second interviews there were more appearances at court to extend the FVO.

While much of the post-separation conflict reported was of this kind, Susan and Jim's post-separation relationship offers an example of how post-separation

conflict can escalate into very dangerous behaviour, with no reported history of violence during the course of the marriage.

(a) Susan and Jim: The Storm after the Calm

Susan and her former husband, Jim, were interviewed for the Children's Participation Study many years after their separation. They were married for ten years, and both said there was no violence and that they never 'even argued' during the course of the marriage. Jim believed that they had 'a good relationship' and that he 'treated her right'. Susan's account, however, indicates that outwardly all was peaceful because she 'kept the peace'—but 'it was a marriage where I did as I was told, I didn't buck the system'.

In the immediate aftermath of the separation, tensions ran high. Although it was Jim's decision to leave, Susan suggested that his hostility at that stage was because she challenged his control.

Because I wasn't doing what I was told anymore. Yeah, and I had to pay the price for not doing as I was told. So yeah, lots went on.

They were in separate bedrooms within the house for a short while and then an incident occurred in which Susan reported that Jim 'started going off his face ripping the phone out of the wall and carrying on'. She called the police, who helped her move out with the children. Jim referred to the same incident as a 'heated discussion'.

After that incident, Susan stayed with her parents for a while and then rented a house. Jim reported that he did not know where she had gone and did not see his children for three months.

Both parents reported verbal abuse on changeovers, but without any physical conflict. Jim said:

There was a slanging match every time, and it got to the stage where it was just, there was never violence, verbal, yeah, very verbal, both sides and I'm guilty of it just as much as she was, you know, just aggression.

However, the tensions increased. About nine months after Susan had left the house, and after Susan and Jim had been in court over the occupation of the house and the parenting arrangements, Jim's anger escalated into life-threatening violence. Susan said:

[M]y father rang in the afternoon, he said 'Jim rang here and you're dead', so a threat, he said 'So just lock yourself in and make sure everything is locked in'. I said OK. So then my solicitor rang me and said 'He's gone off his brain, he's out to find you, get out of your house'. So I rang my parents, they said 'Stay locked in until we get the OK'. Then the cops rang me and they said 'Your exhusband's gone off his brain, he's trying to find you, will you get out of your house?' So mum and dad came and they took the kids with them and I followed in my car to their place. About nine o'clock that night we heard a

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⁶⁵ The criterion for entry into the Children's Participation Study was that the parents had recently been involved in a parenting dispute for which they had sought legal advice. This could include disputes that occurred many years after separation.

noise out the front, couldn't see anything, and the next minute there was a big explosion and my father's truck blew up in the front yard. We called the fire brigade and all that type of stuff and they had to come and put it out, and I said

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brigade and all that type of stuff and they had to come and put it out, and I said 'Look can you go and check on my house?' and they went and looked at the house and it was absolutely trashed. He'd been to the house. I'd say he must've been watching because it was a matter of a couple of hours. And he'd just, he'd ripped it apart and there was food thrown on the floor, everything was upended.

After this, Jim checked himself into a psychiatric hospital for two weeks. Susan's solicitor made another application to the court, and contact with the children was suspended. Jim did not see the children for the next two and a half years. After that time, contact was gradually reintroduced.

Jim and Susan's accounts were largely consistent with each other in the incidents to which they referred. The differences were in what each of them omitted from their accounts. For example, Susan omitted to say anything about keeping the children from Jim. He reported being accused of molesting his daughter at one point, and on another occasion of 'stalking' his former wife for many hours during a time when, according to him, multiple witnesses said he was with them at work and had not left the building. His narrative also referred to his admission to the psychiatric hospital, but gave no detail of the incident that precipitated this:

I just couldn't cope with it. I'd lost the plot and I admit it, I lost the plot, you know, so I was in there for two weeks and she used that against me and I didn't get to see the kids for two years or something.

He minimised his behaviour and attributed it to the trauma of separation. He was aggrieved that he was now being seen as the one at fault:

Oh yeah. I mean before our divorce, before our separation, I never even had a parking fine, and now I've got a criminal record. I'm the 'baddest' person you can meet, but I copped it in the shoulder, on the chin, whatever, and then I've gotten on with my life. So it's been very traumatic, very traumatic.

He also saw his behaviour as resulting from frustration with a legal system that he perceived as biased against fathers:

I unfortunately wasn't able to control my—and I call it passion, not temper—my love for my children and my wanting and having to see them on a regular basis spilled over into anger and they unfortunately couldn't see that I was just so frustrated with the system and so, in my opinion, being one-sided, that I was getting angry. I wasn't violent but she made me out to be violent.

In the few years after these events there was constant conflict and returns to court over alleged breaches of the parenting orders. There were mutual FVOs. Each blamed the other for the ongoing conflict and tension in the post-separation relationship, and each accused the other of making false allegations. At the time of the first interviews, the oldest child had stopped seeing her father and the younger children indicated that they wanted to spend less time with him. By this stage, Jim had entered a same-sex relationship, and Susan reported that one of the children struggled with this. By the time of the second interviews more than two years later, all contact had ceased between Jim and the children. He had moved to another city to avoid 'running into them' in their community.

This example of life-threatening, separation-engendered violence raises questions about whether the outcome, which was a poor one for mother, father and children, was preventable. It is difficult to know whether this escalation might have been averted if the parents had access to support services, for example through a Family Relationship Centre, and had been able to take a different pathway to resolve the issues about the occupation of the house and the parenting arrangements in that first few months after separation. Jim's violence was of course inexcusable, but it took them all by surprise at the time and appeared not to have been predictable.

D 'Losing Control': Verbal Abuse and Property Damage in the Context of Separation

Other applications for FVOs arose from events that occurred in the heat of separation, when emotions are raw, and people may feel deeply that they have been wronged by the other.

Adam and his wife had been separated for a few weeks and he had been suspicious that there was more to his wife's decision than he was being told, so he hired a private investigator. The private investigator filmed Adam's ex-wife at the pub with a man and Adam found out that she had been seeing this man for some time. Adam reacted badly:

So it got very, very heated—a lot of yelling and screaming. I threw a bit of the furniture over only because if I hadn't done that I probably would have hit her, 'cause I was that angry and I've never hit her or done anything like that before, and left. Of course the next day the police knocked on the door and served me with an AVO.

— Children's Participation Study

In the end they went to counselling and the FVO application was dropped, although there were subsequent FVOs against Adam after this time.

Family violence orders were also sought as a consequence of verbal abuse. Three of the men in the relocation study reported that FVOs had been taken out against them because of abusive phone calls.

We had an argument on the telephone and then there was an email exchange that followed and she mixed the police in. Go figure.

— Gary, Relocation Study

In this case, the application for the FVO was dismissed.

The development of Family Relationship Centres in communities all over Australia now offers a different pathway from the one that Jim and Susan embarked upon. See Patrick Parkinson, 'Keeping in Contact: The Role of Family Relationship Centres in Australia' (2006) 18 Child and Family Law Quarterly 157.

E The Role of FVOs in Managing Separation

Family Violence Orders were also used to manage the process of separation and to maintain the boundaries between parents after one parent had moved out.

(a) Vicki: The Impossibility of Staying under one Roof

For example, Vicki, in the Relocation Study, told of how she used a FVO to manage the separation from her husband. There had been one incident of physical assault during an argument earlier on in their marriage, when her husband punched her and gave her a black eye. Fear of a recurrence, she explained, was the reason why she felt 'a bit under his thumb' during their marriage. In the period prior to her decision to leave him, she described mostly emotional abuse. Asked whether there had been physical violence, she responded:

No, no, no god, it was more that there had been a little bit of violence in the previous part, but it was more of him just mentally, oh it was just, mental, sort of standing in my face and telling me I was a slut and just that thing in front of the boys and saying that he'd wish I'd get run over by a truck.

After she had decided to end the marriage, she moved into the spare room:

... he'd just walk into the spare room, and he'd just be mouthing off at me, and it was just getting really bullying, so I decided 'Ok, I'll go ahead and get the DVO'.

On Vicki's account, her decision to seek a FVO led to a sudden and very serious deterioration in their relationship:

And that was just huge, it just escalated from there, he sent me papers saying he wanted custody of the boys, because when we'd discussed it before it was like we wanted to keep the courts out of it and try to discuss these things.

Vicki eventually decided to drop the FVO when her husband agreed to let her stay in the house with the children and promised not to harass her. That very afternoon as soon as she had dropped the FVO, her husband came back into the house with his bags, and told the children that he was home. Vicki says she 'fell to pieces' at this betrayal of trust. She was also scared by this: not just scared of him, but scared of herself as well.

I thought that the DVO was the only way, and I was scared. I was frightened, for him and me, because he was pushing me and I was going a bit funny and we could have hurt each other or the children.

For this reason, Vicki decided to seek another FVO the following day to get her husband out of the house. For Vicki, the FVO was not a tactical ploy to achieve that purpose, but nor was it just to protect her from his violence. She felt it was necessary to stop the conflict escalating out of control—which she thought would happen if she and her husband remained under the one roof—and to prevent anyone in the family getting hurt.

When Vicki went back to court for the second FVO, the duty solicitor persuaded her to put the children on the application as well because the father had indicated he was seeking custody:

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The duty solicitor who was there, was saying 'Look, I think you should put the boys on this one, because if you get served, he can easily grab the boys, and he'll take the boys and then you won't see them', and at that time, you know, the boys had been in my care.

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The husband was very angry that the children had been brought into it:

He was absolutely furious about that, and he was saying 'You know I wouldn't hurt the boys', and I said 'Well, I don't know what you are capable of at the moment, I really don't know'.

The relationship went further downhill from there. A relocation dispute was resolved with Vicki remaining where she was living. The conflict between them reduced for a while—until Vicki got a new boyfriend. That was the catalyst for her former husband to engage in a variety of intimidating behaviours. He accused her boyfriend of abusing his young children and attacked him physically when they met. He engaged in other behaviour that she found harassing, but she felt there was not enough to justify another FVO and she was worried about his reaction if she pursued the matter.

Vicki's account illustrates the complex mixture of reasons why she sought a FVO. Her first application was to get her husband out of the house because he was 'mouthing off' at her and she felt bullied. The second application was necessitated by an apprehension that the tension in the household could spill over into physical violence, if her husband wasn't forced to leave again. Clearly, the situation was likely to be intolerable if they were living together under one roof. However, it was not merely a concern about *his* potential for violence that led her to apply for the FVO, but also her own.

The decision to put the children on the second FVO had another motivation. Because the father was now indicating he wanted custody, the duty solicitor recommended putting the boys on the FVO as well in case he sought to snatch them. There is nothing in Vicki's account that would have justified the duty solicitor in believing this. There was also no indication that the boys were at risk of harm. The solicitor's advice may, however, have arisen from, or fed, her concern that she didn't know what the father 'was capable of' at that time.

F Maintaining Boundaries after Separation

A recurring theme in the interviews was that FVOs were sought in order to prevent the former partner coming back into the house they had left, or because of incidents where they had forced their way in:

He just came in and wanted a computer. He kicked the door. I mean everything, all this took place in front of the children. And that was also a big thing in his life and he's not a violent man.

— Ruth, Children's Participation Study

There were a couple of instances he'd turned up here, going ballistic, and because this is his house, he'd just walk in, threaten me, go aggro and I'm lucky I've got three police officers who live upstairs so I went and got an AVO and the fact that they were upstairs I think made him realize he had to toe the

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line. The court then said I was allowed to stay in the family home until settlement

— Rebecca, Children's Participation Study

Then I get a call from the police. He'd taken out a domestic violence order against me, and it said that I had banged down his door and I'd grabbed him. I had shaken him and yelled obscenities at him and I had abused him to his girlfriend, been verbally abusive to his girlfriend.

- Sandy, Relocation Study

We had to get the locks changed straight away, because he could come home at any time, so, yeah, that was the first intervention order.

- Carolyn, Relocation Study

Michael's and Isobel's accounts in the Children's Participation Study illustrate from both parties' different perspectives the role of FVOs in keeping the other parent from coming to the house.

(a) Michael and Isobel: 'Once She's Left, She's Left'

Michael's account was that the separation had been very acrimonious. Isobel had left the house and then come back to collect her personal possessions but she had 'lost control', threatening to kill Michael. While that threat provided the legal justification for seeking a FVO, it was not because Michael was afraid of Isobel that he sought the order. The major issue to which he referred was that she was taking items that were not hers:

She kept coming back to my house to take things whenever she wanted to. And I'd remind her that all the stuff she'd taken was what my mother had bought the first time around.

Both the police and his solicitor advised him to pursue the FVO in order to stop her coming to the house.

So I rang the solicitor and he said 'You may have to get an AVO on her otherwise she'll think she can come and go as she pleases, and the law is that once she's left, she's left. But this is her house and only one of you can live there, and she's left and that's the way it is'. So I took his advice and did what he said.

Isobel's account is that the allegations of violence were entirely fabricated:

I thought this is ridiculous. What's he giving me an AVO for? I haven't done anything to him. I haven't hit him, kicked him. We never had any violence in our marriage. Why have I got an AVO? And apparently the AVO was ... you can put an AVO on someone and say that they're violent, and the only way you can get a child off their mother is because they're violent. And that's why I think he gave me the AVO. He made out that I threw a cup at his head. But I didn't. The first time he said that I threw a cup at his head and it hit a cupboard and shattered all over the place. Then the second time he said I threw a cup at his head and I hit his head and cut his head and it was bleeding. And the solicitor got the AVO squashed because the two things that he said were different and didn't match up. So I signed an undertaking to say that I wouldn't go to the house.

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Michael's version is that he agreed he would drop the FVO as long as she signed the papers to say she would never come to this house.

G 'Stalking', 'Harassment' and Non-Interference after Separation

The term 'stalking' was also used extensively in interviews.⁶⁷ Allegations of stalking appeared mostly to be about keeping boundaries between the parents and marking the appropriate limitations of visits to the mother's home in the aftermath of separation. Constant unwelcome visits were seen as stalking.

Karen felt continually hassled by the father of her infant daughter, who would not accept her word that the little girl was sick when it was his time with her:

If I said she was sick, he was always stalking the house. I had to move back to my parents because I felt unsafe.

- Relocation Study

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Of course, men's and women's accounts differed. For Adam, allegations of stalking seemed to be made just because of their proximity in a relatively small country town:

I decided to stay here and live here with the current arrangement we had of 50/50 and stick it out, but being a small town, you go to the shops and there is only one shopping centre, I bump into her and if Heidi is with her, I'm going to say 'Hello' to her and one of the things she put in the AVO order is that I'm stalking her because she listed that we were in a shopping centre—she went to five shops and I ended up either being in it or coming into it.

— Children's Participation Study

Maintaining boundaries in terms of telephone calls was another issue that emerged in a number of interviews, and the language of stalking and harassment was used in this context as well. Raoul was told that frequent phone calls to his children could be seen as stalking:

I'd asked for seven [nights per week phone contact] and basically I was told if I had seven, it'd be almost tantamount to harassment and stalking. It needed to be reduced to maybe a maximum of three. So I said, 'Alright, three'.

- Relocation Study

The word 'harassment' was also used to refer to phone messages. Jackie, a non-resident mother reported:

I have message machines full of messages—they're not hostile messages but it's just total harassment, just for the sake of it.

— Children's Participation Study

For another man, even phoning at all, he reported being told, could be 'harassment'. He had to rely on his children calling him.

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Australian jurisdictions enacted laws against stalking in the 1990s. NSW Law Reform Commission, 'Apprehended Violence Orders' (Report No 103, 2003) ch 12.

Allegations of stalking were made not only by mothers against fathers. In two different cases, a parent of the mother also sought FVOs against the father for stalking—one successfully. In another case, allegations of stalking were made by the mother against her former husband's new female partner.

Across the three studies there were two or three cases reported by women in which there appeared to be a deliberate pattern of conduct by the former partner, where he would either stake out his ex-partner's house or follow her around in order to cause her to fear for her safety. In one case, the mother reported that her former partner drives past her house 2 or 3 times per night and sends her threatening text messages. In another case, a mother who had suffered a long history of violence and control, reported that her former husband deliberately found a flat close to where she was living and frequented the places where she would be in order to maintain control over her. She thought he did not know where she lived. In a third case, a mother reported being upset that her former partner had driven by numerous times in circumstances that appeared threatening.

The word 'stalking' thus seems to have passed into common usage by both men and women, sometimes in a manner consistent with its definition in the criminal law,68 where there has been a history of violence or coercive control within the relationship, but often meaning something quite different. In the accounts of the women and men in these studies, 'stalking' could, for example, include repeated attendance at the other parent's house or frequent phone calls that transgress the sometimes newly established boundaries of the post-separation household. 'Stalking' might also mean conduct that unduly interferes with one parent's post-separation freedom from having to deal with the other. Interviewees did not usually associate the behaviour with causing fear. ⁶⁹ More commonly, the emotion that was expressed was annoyance. There was a similar usage of the word 'harassment', although this word was less commonly invoked.

It is apparent from respondents' accounts that the very broad meaning given to the term 'stalking' by some people, to refer to failures to maintain a distance following separation, was a source of grievance.

H Tit For Tat and Defensive FVOs

In six cases, both former partners applied for FVOs. The female interviewees saw these as 'tit for tat' FVOs. For example, Carolyn's account is that she took out a FVO because her former partner 'could come home at any time' and she wanted to stop that. It appears from her account that at one stage she involved the police and they decided to make the FVO application.

In New South Wales, the relevant offence is stalking another person 'with the intention of causing the other person to fear physical or mental harm'. Crimes (Domestic and Personal Violence) Act

2007 (NSW) s 13.

In the Crimes (Domestic And Personal Violence) Act 2007 (NSW), for example, stalking is defined 'as the following of a person about or the watching or frequenting of the vicinity of, or an approach to, a person's place of residence, business or work or any place that a person frequents for the purposes of any social or leisure activity' (s 8(1)). In determining this, the court may have regard to 'any pattern of violence (especially violence constituting a domestic violence offence) in the person's behaviour' (s 8(2)).

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Then he rang here on the Monday, after having been served, after having been here, and he said, 'I am going to now make allegations and charges for you'. So, first thing off the bat it was like 'tit for tat' and he went for an application to get an intervention order against me because I swore at him over the phone when he was swearing all the time at me. And he said some really, really disgusting things about prostitutes in front of my son Josh who was then eight. And he was telling Josh what it was like to be with a prostitute, and what he did to a prostitute. So, after he had been ringing me telling me what his terms and conditions were and that, I went off on the phone and I said, 'Don't you dare do this and this'. But he's edited the tape, and he's reworded it. If you read the affidavits now, you would think I ring him up a couple of times a week and call him this and that. So he got his intervention order.

- Relocation Study

Following breaches by her ex-partner, there was a second FVO made against him. The legal conflict in this case escalated to an extraordinary level, and Carolyn ended up spending hundreds of thousands of dollars in legal costs.

Men's accounts of seeking FVOs were somewhat different. Men reported using FVOs in a defensive way when allegations of violence were made against them.

(a) Luke: Farms, Guns and Tactical FVOs

Luke, from the Relocation Study, took out a FVO in response to one taken out by his wife, Kylie. He believed that Kylie took out a FVO for tactical reasons. They lived on a rural property and according to Luke, Kylie claimed he was dangerous because he had a gun on the property. However, the day after applying for the FVO, she visited him alone in the motel where he was staying, indicating that it is unlikely her fears were genuine. Luke denies there was any violence in the course of their long marriage. When he sought legal advice, the lawyer asked him straight out whether he had been violent.

And I said, 'No, actually she's the violent one. She'd lose it and she'd punch and kick, she'd kick and scratch and all that sort of stuff'. And they said, 'Well, you'd better take out a DVO on her'.

Luke received similar advice, to take out a FVO, from a psychologist he was seeing. He reports being very reluctant to follow this advice, but complied anyway. It does not appear from his account either that he felt he needed a FVO for his protection, or that it was in his own mind, a 'tit for tat'. His report was that the advice he received from both the lawyer and the psychologist was based on a need to respond to Kylie's allegations that he was dangerous, given that she had applied for a FVO against him. His application was a way of correcting the record about the history of violent conflict during the marriage, and protecting himself in the event it became an issue in a family law dispute.

The result was that they both had temporary restraining orders against each other. When the matters came back to court, he and his wife tried to resolve it:

Kylie was really, really angry about everything and I couldn't talk to her. And then we got to an agreement that she'd drop hers if I dropped mine. We went into the court and we had a bit of time to wait, so I had nothing to do, there's a duty solicitor up there and I went in and had a chat and he said, 'Oh mate, not a

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good idea to drop it because if she's obstructive and sets you up over the next 18 months, you've got no come-back. If she won't let you see the kids, if you lose your temper, whatever'. So I didn't know what to do.

She was even more furious when he told her that he was having second thoughts. She interrupted the duty solicitor, who by this time was seeing other clients, and 'went off the handle at him'. Luke then went out and saw Kylie's father.

Her father was sitting out there and I always got on really well with the parents up until this happened, and he said 'It was the solicitor's idea to take out the DVO because it was the best chance of Kylie keeping the kids'. And I thought 'Oh, that's great'. So I went in and I said 'Yeah drop it', and she dropped hers. But things got a lot worse from there.

According to Luke's account, his wife's FVO application was tactical, although his main evidence for this was his father-in-law's account of the legal advice given to her. On his version of events, there was absolutely no substance to it. On the other hand, his FVO application was also a tactical response to her FVO. He did not need it for his own physical protection, but was advised he needed it for his own protection legally, in terms of the potential family law dispute.

(b) Simon: Police Involvement after his Former Partner's Complaint

Simon's account offers another illustration of how a FVO might be used defensively. He describes how he would not have gone to the police to deal with the aggression of his former partner following separation, but he had to provide information to the police when they were called in response to her allegations of violence against him.

She went to the car and came back down and totally lost it and then she was abusive. And anyway she starts smashing shit up and hitting me. Well she's done that before, it's not a new thing. There's been lots of rooms trashed and lots of fists thrown at me. But it's like 'Fine, just get out'. I wouldn't take it any further. But this time when she started lashing out, I got the camera and said 'Look, I'm documenting this. Can you please leave? Get out, we'll sort this out through another medium. Not sort anything out here. I'll organise the mediation, we'll discuss it'. She lunged at the camera and smashed it. It was pretty hairy. But then the police turned up here two days later saying I had attacked her, that she'd been abused. And, actually I don't know what she was thinking when she did that. I would never have pushed for police intervention or anything. But I was able to prove, I was able to show them the video I made on the camera ... And the police then served her with a family violence order, which she didn't take well or make it easy and went to the police quite a few times spacking out and they ended up pressing charges against her. I didn't want to press charges but they pressed charges against her.

— Relocation Study

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I A Sense of Grievance – Respondents to FVOs

Almost all interviewees who were respondents to FVOs had a strong sense of grievance that a FVO had been taken out against them. They either denied or minimised the violence, threats of violence, or abusive words, or contextualised it in terms of mutual conflict. This was true of both men and women. For example, Isobel, who was the respondent to Michael's FVO application, complained that the allegations were made up, with the FVO being interpreted as a tactical manoeuvre. Numerous men, like Luke, said similar things. Others did not deny that the alleged behaviour had occurred. However, they gave it a context which cast a different light on the events from the typical perpetrator-victim dichotomisation.

(a) The FVO was Unjustified

Steven's account, in the Contact Disputes Study, exemplifies the sense of grievance that so many of the men felt that the FVO was totally unwarranted. According to his account, Steven phoned his former partner repeatedly because she was not letting him see his daughter:

The mother stopped the contact for about four or five months. And then she goes, I kept on ringing up saying, 'Can I speak to Stephanie?' and she goes, 'Sorry she's not here, you'll have to ring back another time', when I could hear in the background she was there. Then I rang up again and she goes, 'If you ring once more, I'm going to get you for harassment with the police.' So then I got an AVO and they said, 'If you want to see your daughter, you've got to go to court'.

On the other hand, there were clear cases of minimisation of severe assaults. Richard records several FVOs being taken out against him and, like almost all other respondents, he was aggrieved by that:

She took these DVOs on me that were really unjustified, and we just agreed to 'em. But it was very difficult you know. I wasn't supposed to go within 200 metres and it was just a load of crap. I've had three DVOs and they were just misuse of the law. I have an assault charge because one night we went there and I talked to her and she said something...I grabbed her, and I left there in tears and the whole family was there and words said, and anyway, she then called the police and they came and they arrested me. And I got charged with assault and I got convicted of assault.

— Children's Participation Study

Richard's former wife, Lauren, and children gave a rather different account. Lauren recorded a long history of domestic violence during which she had suffered bruising, black eyes, a broken wrist and broken ribs. The violence began early in the marriage before the couple had had children. Richard had also engaged in multiple affairs. Lauren recounted the way in which the violence often occurred:

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For such patterns in the responses of men convicted of domestic violence offences, see Kate Cavanagh et al, 'Remedial Work: Men's Strategic Responses to their Violence against Intimate Female Partners' (2001) 35 Sociology 695.

With Richard and I, the violence was often about other women. I would push him and push him and question him and question him. And then I would get angry. He'd end up shoving me around, or punching me or hitting me. Richard says, 'I'm not an angry man, I'm not a violent man. I'm not this, I'm not that. I didn't come home drunk every night and bash you up'. No, he didn't, that's very true, but he *was* a violent man and he *is* a violent man.

Lauren had experienced violence in her family of origin as well, and put up with it in her own marriage for a long time:

I used to say and think 'Oh well, it's not as bad as dad. Richard just loses control every so often'. One day about five years ago, I was just sitting somewhere and you know how all of a sudden you get this flash of reality. Sometimes the denial all just slips away and all of a sudden the reality's in front of your face. And I just thought to myself, 'I am a battered wife. I am a battered wife. Can you believe it? My children are battered children'. And that was like, how scary! How scary that people so 'respectable' can be like this. And that's when I started actually facing what was really going on in my marriage.

The violence continued after separation. One incident occurred in which Lauren suffered serious injuries. She feared for her life. She moved 800 kilometres away because she was so scared of him. Eventually the children stopped seeing their father.

(b) FVOs as Tactical Manoeuvres

It is, of course, impossible to 'know the truth' when participants allege that FVOs were tactical, but several respondents gave convincing accounts of allegations being proven to be untrue and applications for FVOs consequently dismissed.

Alexander eventually gained orders that the children live with him following a history of abuse of the children by the mother and her new partner. He also records being physically assaulted by the new partner a few times with baseball bats. The fact that FVOs had been sought against him was another element of the intense conflict between him and his former partner:

AVOs have been attempted on me five times, I defended them by myself each time and won each time, I proved that they were lies each time. So, it's absolutely ridiculous, the whole situation.

— Children's Participation Study

In another case, Daniel records his long battle over his former partner's relocation. Two weeks before she lodged an appeal against an adverse decision of the Family Court, she sought a FVO, alleging that Daniel had hit his two boys across the head. Under the *Crimes Act* in the state where this allegation was made, it is an assault to hit a child on the head, but otherwise smacking is lawful.

Daniel was clear about what he saw as her motive:

She was hoping to get an AVO and an assault charge against me.

- Relocation Study

The application was brought by the police prosecutor, and the state child welfare department was involved as well. Daniel records how the magistrate was

not at all impressed by the application and asked the police to consider whether they should press on with it. In the end, according to Daniel, the allegations were dismissed as false. However, it took him nine court appearances over 12 months in the magistrates' court finally to resolve the matter.

In a third case, Adrian records how the police explained to him the tactical use of FVOs:

When I got back [from seeing his parents] all the locks were changed. Fortunately, something in my head said 'There's something very suss about this', so I just went up to the police station and the sergeant took me in and made me a cup of tea and explained how AVOs work. He said 'That's what your wife is after'. He said 'The minute you go home, she'll ring us up, we'll go down, if she makes the accusations that you are trying to break into the house to assault her, then we have no discretion under the law but to arrest you', and then he explained to me the whole process about AVOs. While he was doing this, two constables walked in the back door and overhead the conversation and they said 'Are you from — Street?' I said 'Yep', they said 'Oh, we've just come from there'. The minute I got home and put the key in the door, she'd rung. So the whole thing was to get an AVO, to get the leverage to start the process.

— Children's Participation Study

(c) The Abusive Behaviour was Mutual or the Other was the Perpetrator

Perhaps the strongest theme in fathers' accounts of FVOs is how they arose out of arguments in which the strong language and threats were mutual. Grant, for example, had a FVO taken out against him for abusive phone calls. He did not deny that he had been verbally abusive. However, he said his former partner had been as well. What angered him was that she had tape-recorded some of their conversations, edited them from different time periods, and took them to the police:

I'll be honest with you I made a couple of pretty upsetting, we had upsetting phone conversations. She'd get abusive and I'd get abusive but she was recording the conversations and some of them were 6 or 8 months old. So she played them all for the police one night and the police decided to put an AVO on me.

- Relocation Study

The context was that the mother was threatening that she was not going to let him see the children anymore.

In another case, Jeff recorded a long history of conflict with his ex-partner and was at one stage charged with assault, as well as having a FVO application made against him; but he saw his ex-partner as the one who had initiated the violence:

She's supposed to feel so endangered that I'm such a violent threat, but it's never been me that's really initiated any violence, I reacted one day and I'm on the assault charge, where she just about took my son's life, smashed my mother's arm in a 4WD door, forced entry in the homes, her sister and all of

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that doing all their stuff as well. I mean we haven't charged them, but I've never played that part, and so I'm this big violent criminal and she gets all this attention and it makes me sick, it really does, because it works, they're so convincing.

Contact Disputes Study

In another case, Neil was also very angry about having a FVO taken out against him. His account was that his former partner had been the violent one, but she was the complainant for the FVO.

Well, she hit me. Nearly broke my jaw. We had a big argument in front of the kids and she hit me and reckoned I raped her in front of the kids and all this sort of stuff and pulled her out through the car window and she went back [home] and made a complaint about me, and I was put on an AVO, which I beat, and that's when we started getting to see the kids again.

- Relocation Study

IV Discussion

This study is unique in the Australian literature on domestic violence, in three ways. First, the cohort of interviewees was not selected for the purposes of a study on domestic violence and was not recruited through domestic violence support services or advocacy groups. Second, it includes men's accounts of being respondents to FVOs—or in a few cases, applicants or cross-applicants. Third, in a number of cases, there were accounts from both of the former partners, giving their different perspectives of the same events.

The results nonetheless need to be evaluated, taking into account that people who volunteered to participate in this research were not entirely representative of the population of people who have family law disputes. The Relocation Study focused on a particular kind of dispute. In both the Children's Participation and Relocation Studies, participants were recruited mostly through private lawyers, and so they may represent a particular demographic.⁷¹ It is possible that research conducted with a different recruitment strategy would yield a higher proportion of cases involving injurious violence.

A further issue is that interpreting these accounts is fraught with difficulty. In the majority of cases, only one account was obtained—the woman's or the man's—and even where the accounts of both former partners were given, as researchers we cannot determine the 'truth' between conflicting accounts of events.

Men and women may also have different experiences and understandings of the same events. A man who insists that the worst he was guilty of was verbal abuse may be unaware of, or insensitive to, the fear that this verbal abuse caused his former partner, or he may understandably be trying to present his case in the best light.

It should be noted, however, that Hunter, in her analysis of solicitors' files, recorded little difference in the prevalence of domestic violence allegations between the legal aid and private solicitors: Rosemary Hunter, Family Law Case Profiles (Justice Research Centre, 1999) 28,80.

Theoretical frameworks also influence how these accounts are read. American domestic violence scholar Clare Dalton has observed how professionals with different theoretical orientations tend to 'see' violence and abuse in different ways:

At the level of research and theory, there are at least three separate bodies of learning that describe problematic intimate relationships ...One set of literature deals with conflict, another with violence, and a third with abuse. A prime source of tension between specialists in partner abuse and the majority of mental health professionals who work within the family court system is that where the former see abuse, the latter tend to see conflict. A second difference that contributes to this tension is that before taking a relationship out of the conflictual category and putting it into the abusive category, the mental health professional looks for significant evidence of a one-sided pattern of physical violence. Those who specialize in abuse, on the other hand, understand abusive relationships as being first and foremost about power and control.⁷⁷

These different perspectives can all co-exist to describe different patterns of conflict and violence within intimate personal relationships, but too often one theoretical perspective is maintained to the exclusion of any other understanding of the problem.

The different theoretical perspectives are particularly important in characterising behaviour that does not involve physical assaults. One person's 'blazing row', involving a lot of yelling, name-calling and recrimination, may be another's 'verbal abuse' or 'emotional abuse'. One person may see a couple in conflict, while another identifies a party to the relationship as the victim and the other party as the perpetrator.

These different theoretical perspectives also lead to quite different views about family violence. On one view, violence is physical assault or the threat of it. Domestic violence specialists often posit a much wider view. One recent study funded by the Commonwealth Government defined family violence as including 'physical, sexual, psychological, social and financial abuse and neglect'. In the survey instrument, these different forms of abuse were then given further definition by way of examples, including 'criticising or judging my behaviour', 'having sex with others', 'putting me down socially' and 'controlling the money and how it is spent'. 74 All of these were identified as facets of 'violence'. Terms such as 'emotional' or 'psychological' abuse may also be subjective labels adopted by the respondent to a survey that are difficult to interpret in objective terms. ⁷⁵ A similar issue arises with words such as 'stalking' and 'harassment', which were given a very broad meaning by some of the participants in this study.

cent of men reported at least one incident of psychological abuse in the last 12 months: Connie J A Beck, Michele E Walsh and Rose Weston, 'Analysis of Mediation Agreements of Families Reporting Specific Types of Intimate Partner Abuse' (2009) 47 Family Court Review 401.

Clare Dalton, 'When Paradigms Collide: Protecting Battered Parents and Their Children in the Family Court System' (1999) 37 Family and Conciliation Courts Review 273, 275.

See, eg, Hunter, above nn 43 and 44, who divides perspectives on family violence into feminist and non-feminist views, with only the former gaining endorsement.

Bagshaw et al, above n 43, vol 2, Survey Instrument 3, 10.

In a major study of free, court-mandated mediation in Arizona, 98 per cent of women and 97 per

Given the broad range of understandings about what constitutes 'violence', it is inevitable that some readers will view the accounts of the behaviours reported by participants in this study as all being manifestations of violence, while others would limit the use of that description to the cases involving physical assaults or a threat to personal safety.

While achieving agreement on what does and does not constitute 'violence' may be impossible, the findings of this study do at least justify asking the question whether FVOs are always the best way of addressing the diverse range of behaviours and circumstances that may lead to an application for a FVO, and which currently receive an undifferentiated response from legislatures and the courts.

In this study, the wide spectrum of family violence is evident, including the various patterns of violence outlined earlier. A minority of women who at some stage sought FVOs reported physical violence involving injuries or bruising. In most of those cases the accounts were consistent with coercive controlling violence, although the nature of the research studies was such that these issues were not systematically explored. The majority of cases appeared to fit the pattern of conflict-initiated rather than control-initiated violence. Sometimes it appeared from the accounts that both parents were involved in behaviour that might be classified as involving violence or abuse.

This diverse range of situations where FVOs were sought suggests that post-separation family violence does not fit neatly into any one-size-fits-all definition of family violence based upon elements of power and control, although such a definition is very common in government reports on domestic violence.⁷⁶ These findings of the heterogeneity of violence are consistent with a large body of overseas research.⁷⁷

A Pre-Separation and Post-Separation Violence

In this study it was clear from a number of accounts that the behaviours that led to FVOs after separation were not a continuation of patterns of violence or abuse that occurred before separation. Many of the female respondents who sought FVOs after separation specifically reported that there had been no violence or abuse while they were living together, or that violent or abusive incidents only occurred during the last days and weeks prior to separation. Typically, such incidents involved property damage and verbal abuse, rather than physical assaults. Other respondents reported serious physical violence prior to separation, which led in some cases to the need for protection after separation. In several cases, women also made it clear that while they had not seen their relationships

The National Council to Reduce Violence against Women and their Children, for example, defined domestic violence as referring 'predominantly to abuse of a person, usually a woman, by their intimate partner. While there is no single definition, the central element of "domestic violence" is an ongoing pattern of behaviour aimed at controlling one's partner through fear, for example by using behaviour which is violent and threatening. It occurs between people who have, or have had, an intimate relationship. In most cases, the violent behaviour is part of a range of tactics to exercise power and control over women and children, and can be both criminal and non-criminal'. *Time for Action The National Council's Plan for Australia to Reduce Violence against Women and their Children, 2009–2021* (Department of Families, Housing, Community Services and Indigenous Affairs, 2009) 186.

⁷⁷ See above nn 8, 12 and 24.

as having been 'violent', they had been aware, or later became aware, of aspects of their partner's behaviour that was emotionally abusive or controlling, or of the need for them to keep the peace.

The findings from this qualitative study are consistent with data from a large-scale community study in Canada. In a survey of Canadians who had had some contact with their ex-partner in the previous five years, 28 per cent of the women and 22 per cent of the men reported physical violence or the threat of it, perpetrated by a former partner, either while living together or after separation. Of these, 37 per cent of women and 42 per cent of men stated that the violence began after separation, with women typically reporting more severe forms of physical violence than men.⁷⁸

These findings should be contrasted with those of other studies where women were recruited to the research because they were known to have experienced domestic violence. Such studies suggest that post-separation violence is typically a continuation of long standing patterns. Humphreys and Thiara reported on a survey distributed through domestic violence intervention services in Britain, to which 161 women responded. The majority reported fearing they would be killed or were afraid for their mental health if they remained living with the partner. More than three-quarters reported experiencing further abuse and harassment from their former partners after they ended the relationship. Yeave, Stubbs and Tolmie, reporting on the accounts of 40 women who had experienced violence and abuse within their relationship, found that almost all reported post-separation abuse as well. The women were invited to participate through the Family Court, women's refuges and women's health centres. Most sought FVOs at some stage.

The evidence from this study is consistent with the position that where there is physical violence prior to separation, there will very often be a need for a FVO subsequently. However, there were nonetheless many cases where FVOs were sought without such a pre-separation history, only some of which involved allegations of post-separation physical violence against their former partner. This indicates again the importance of not generalising about domestic violence in the community based only on data from those who are known to be victims of domestic violence by government or non-government services such as women's refuges, ⁸¹ or by advocacy organisations.

Much of the behaviour that led to FVOs being sought and granted in this study may best be characterised as post-separation conflict-initiated violence. The characteristics of such violence, abuse and harassment are that conflicts about the occupation of, or access to the home in the immediate aftermath of separation, arguments about post-separation parenting, or the rawness of emotions arising in the

Tina Hotton, 'Spousal Violence after Marital Separation' (2001) 21 *Juristat* 1.

Cathy Humphreys and Ravi K Thiara, 'Neither Justice nor Protection: Women's Experiences of Post-separation Violence' (2003) 25 Journal of Social Welfare and Family Law 195. See also Cathy Humphreys and Ravi K Thiara, 'Mental Health and Domestic Violence: "I Call it Symptoms of Abuse" (2003) 33 British Journal of Social Work 209.

Miranda Kaye, Julie Stubbs and Julia Tolmie, 'Domestic Violence and Child Contact Arrangements' (2003) 17 Australian Journal of Family Law 93, 97.

Johnson, 'Patriarchal Terrorism', above n 12.

immediate aftermath of a separation, escalate into physical violence, verbal abuse or harassing behaviour. The violence is conflict-initiated and not part of a larger pattern of coercive control. Nor does it involve pre-meditated violence. It is also different from separation-engendered violence, as identified by Johnston and Campbell, who reported that violence was perpetrated by the partner who felt abandoned.⁸²

B Gender and Family Violence

As was to be expected, most applicants for FVOs were women and most respondents were men. This is consistent with data from Victoria that shows that 81 per cent of respondents to FVOs are male and 19 per cent are female, 83 with similar figures from Queensland. 84 If men took out FVO applications, or the police initiated them on their behalf, it was usually in response to allegations of violence made against them. Only two men initiated an application for a FVO without such allegations first being made by their former partners.

Most violence causing physical injury, according to these accounts, was perpetrated by men on women. In terms of non-injurious behaviours, many men claimed that their former partner engaged in the kinds of behaviour that was sufficient for women to seek FVOs—and often to succeed in their applications. Some men spoke of physical violence against them. Others reported threats of violence and verbal abuse.

C The Collateral Uses of FVOs

Many respondents to FVOs took the view that the application was tactical or otherwise motivated by factors apart from feeling safe. A particular theme was that some women, according to men's accounts, looked for reasons to obtain a FVO and went to the police and the courts as soon as they had evidence to justify such an application. Family violence orders were thus seen as one of the weapons in the war between parents, a means of striking a blow against the other, and gaining an advantage in parenting proceedings.

It is difficult to assess such views of FVO applications with only one side of the story, particularly given the evidence that some men seriously minimised the level of their own violence, and also that men may not recognise how frightening their behaviour might be to their former partners. Nonetheless, there were certainly accounts by men of women, or their new partners, seeking FVOs where the timing seemed tactical and where the cases were apparently thrown out.

There was also evidence from the interviewees' accounts that FVOs were sought for collateral purposes. Legal advice played a role in this. Michael was advised of the benefits of a FVO to stop Isobel coming back to the house to take things that did not belong to her; Vicki was advised to put the children on the FVO application although there was no apparent threat to them; Luke was told that he needed to make a FVO application defensively, since his former partner had sought

Victorian Department of Justice, above n 61, 67.

Johnston and Campbell, above n 8, 196–7.

Douglas and Godden, above n 44, 36 (also 81 per cent male respondents).

one, and, when he considered dropping the FVO, he was subsequently advised against this course of action by another lawyer.

In evaluating whether FVOs are being used for tactical or collateral purposes, it is important to distinguish between two questions. First, were there grounds at least for seeking a FVO, or were the ostensible reasons fabricated? Secondly, was the main motivation for seeking a FVO because the applicant was fearful for her (or his) safety?

Given the acrimony that often attends relationship breakdown, particularly when the decision to end a relationship is unilateral, it is hardly surprising that people should quite commonly have grounds for seeking a FVO, particularly in those jurisdictions such as Victoria, Tasmania and the Australian Capital Territory where reasons for which a FVO can be obtained are very broad. The grounds for a FVO need not be fabricated for the FVO to be sought for a collateral purpose. It may well be that many FVOs are sought on the basis of verbal abuse, alleged threats or because of non-injurious physical altercations, when the real motivation seems to be a collateral purpose such as striking a blow in the legal conflict, engaging in a 'tit for tat' application or attaining some other perceived advantage. Such collateral uses may have the effect of discrediting FVOs to the detriment of all those who really do fear for their safety and need the protection of the courts.

D FVOs as a Source of Post-Separation Conflict

The accounts of participants in some cases illustrate that the mere act of obtaining a FVO increases the conflict after separation. Most respondents to FVOs spoke about them very angrily.

Of course, the fact that a respondent to a FVO application is outraged is hardly a reason to say that the application was unwise or unwarranted. Indeed, it may demonstrate why such an order was needed. However, one of the issues with FVOs which may lead to a sense of outrage and injustice among respondents is that they appear to be used for many purposes which have little to do with protecting women and children from significant harm. For many respondents, there was, in particular, a deep sense of injustice in being subject to the involvement of police and the courts in circumstances where they had not committed criminal offences and where the behaviour complained of did not accord with their personal understanding of what constitutes 'violence'.

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See above, text accompanying nn 32–6.

A national survey conducted in 2009, with over 12,500 respondents, found that 49 per cent of respondents agreed with the proposition that 'women going through custody battles often make up or exaggerate claims of domestic violence in order to improve their case', and only 28 per cent disagreed. Fifty-six per cent of men agreed, compared with 42 per cent of women: VicHealth, the Australian Institute of Criminology and the Social Research Centre, National Survey on Community Attitudes to Violence Against Women 2009 Changing Cultures, Changing Attitudes — Preventing Violence Against Women A Summary of Findings (2010) 44. See also Patrick Parkinson, Judy Cashmore and Atlanta Webster, 'The Views of Family Lawyers on Apprehended Violence Orders after Parental Separation' (2010) 24 Australian Journal of Family Law, 313 (interviews with 40 family lawyers in NSW); Hickey and Cumines, above n 44, 37 (survey of NSW magistrates); Carpenter, Currie and Field, above n 44, 21.

FVOs were used, for example, to establish occupancy of the family home and to prevent the other partner from coming, uninvited, to what was, in many cases, *their* home before the separation. Family violence orders marked out territory, and established fences of exclusion around post-separation family units. In other cases, FVOs were sought following heated arguments in which, according to respondents, both parties were behaving badly. People often lose control when they are overwhelmed by powerful emotions. In the circumstances of separation, where anger, grief, a sense of betrayal and a desire for revenge can come upon people like tidal waves, it is not surprising that there is so much conflict.

There is of course a role for court orders in some of these situations. Court orders can establish boundaries, at least until such time as there has been a clear transition from pre-separation togetherness to post-separation differentiation in terms of lives and households.

The problem is not that restraining orders or occupation orders are available, but what they are called and the reasons for which, ostensibly, they are made. Court orders that use the emotive language of 'violence' in ways that are discordant with the normal English usage of the word, may well do much to damage the prospects of early resolution of parenting issues. That in turn can have negative consequences for women and children. Legal conflicts may escalate, with a consequent impact upon legal costs. ⁸⁷ It is a misreading of the situation to define one person as the 'victim' and the other as the 'perpetrator' in many of these cases of violence driven by conflict in the aftermath of separation.

If the purpose of the order is to keep the parents at a safe distance from one another or to place limits on their interactions, then in many cases such orders can be made without attributing blame. These are properly civil remedies, with which the police ought not to be involved except in a facilitative way to help the parties to find the proper pathway to obtain appropriate court orders.

The FVO should be the minimum intervention necessary to achieve a legitimate purpose for which the order has been sought, and referral should be made to services that can assist the parties to work through their post-separation conflicts without the need for further court involvement. At present, if there is a FVO in place, it may actually mean the family is screened out from mediation, when in circumstances that do not involve coercive controlling violence or significant risks to safety, mediation may be the most helpful and supportive intervention for them.

E Police and Court Involvement in Post-Separation Family Conflict

While there were some very serious cases of family violence in this study, and numerous other situations where police involvement was undoubtedly necessary, there were a number of cases where, it appeared, people were caught up in police and court processing without significant issues of physical safety, or fear for

On the severe financial pressures caused by legal costs in family law disputes, see Parkinson, Cashmore and Single, above n 54.

safety, being involved. For many, it was the first time there was third-party intervention in their family life or they had been the subject of police action.

Police involvement to deal with cases of relatively minor post-separation conflict comes at a substantial cost to the community. The costs can be measured not only in terms of taxpayer funds but also in the opportunity costs of using police resources when those resources might be better allocated elsewhere.

Inevitably, women are caught up in police and court processing as 'perpetrators' of violence as well as men. ⁸⁸ Feminist scholars argue that women's violence is qualitatively and quantitatively different to men's and that when police respond to violence in terms of incidents, and only ask 'who hit whom', they fail to analyse the context in which the violence occurs. ⁸⁹ That may be so, but when two individuals give conflicting accounts and offer different explanations of the context, it is difficult for the police or other interveners to do much beyond refer the incidents or allegations of violence to the courts.

The courts also appear to have great difficulty in sorting out the wheat from the chaff when dealing with the overwhelming volume of applications. Rosemary Hunter's observations and interviews in Victoria in 1996–97 indicate the scale of the problem. She found that the median hearing time for each application was only about three minutes. The time available gives very little opportunity for differentiation between cases. Applications were typically dealt with in a bureaucratic and routinised manner, with magistrates being distant and emotionally disengaged. To the extent that applicants were asked to give oral evidence, they were typically asked to confirm the content of their written application, and very little exploration of the grounds for the application took place. Only where the matter was contested on a final basis was there a proper hearing into the issues, but that contest was often avoided by the respondent consenting to the order without admissions.

Jane Wangmann, in a recent analysis of court files in NSW, discovered that the information provided in written complaints was brief and sometimes vague. ⁹² In her observations of FVO matters in 2006–7, she found, like Hunter, that cases were dealt with in three minutes or less. She reported that 'it was rare for there to be any comment about the types of violence/abuse experienced, how the victim felt as a consequence of the alleged violence/abuse, how the defendant responded to the allegations, or any comments from the magistrate about the allegations'. ⁹³ The great majority were resolved by consent without admissions.

Wangmann, She said ...' He said ...', above n 44, 98–100.

93 Ibid 104–5

On the dilemmas of mandatory arrest and no-drop prosecution policies that women thereby experience more arrests and state control, see Meda Chesney-Lind, 'Criminalizing Victimization: The Unintended Consequences of Pro-arrest Policies for Girls and Women' (2002) 2 Criminology and Public Policy 81; Donna Coker, 'Crime Control and Feminist Law Reform in Domestic Violence Law: A Critical Review' (2001) 4 Buffalo Criminal Law Review 801, 831–2.

See, eg, Wangmann, She said ... 'He said ... ', above n 44; Dobash and Dobash, above n 25.

⁹⁰ Hunter, *Domestic Violence Law Reform*, above n 44 at 77, 81–2; Wangmann ibid.

⁹¹ Hunter, ibid 84–8.

While one response to this is to call for increased resources so that applications can be given individualised attention which is more than cursory, 94 the reality is that if the total resources were doubled in terms of judicial time and courtroom availability, it would only allow for about six minutes per case rather than three.

There must also be concern about the potential devaluation of the currency of a FVO because so many are sought and granted. This may put at risk those women and children who really need such an order to protect them from physical harm. The risks involved in devaluing FVOs can be seen in a major study in Queensland of systemic responses to breaches of protection orders. Heather Douglas reported minimisation by police, prosecutors and magistrates, evidenced by a reluctance to prosecute for criminal offences, charging less serious offences, and not imposing punitive sanctions for breaches. Police records indicated there were 61 cases of alleged stalking (17 per cent of the total in the study). In none of the cases were stalking charges laid. 95

V Conclusion: The Need for a New Conversation about FVOs

Domestic violence is a highly politicised issue, and this means it is difficult to make comments about it that depart from the standard orthodoxies. Yet the evidence from this study is that an open and honest conversation about the strengths and weaknesses of the current FVO system is needed.

The findings of this study indicate that there may be particular problems with using FVOs as a one-size-fits-all remedy for such a diverse range of issues and problems arising from post-separation conflict. As this study shows, they are properly sought in situations where women (and occasionally men) fear for their safety, but they are also sought for a range of other purposes. They are meant to prevent conflict, but in some cases it seems they exacerbate it, perhaps unnecessarily. FVOs may also be a means by which conflict is continued through the court system in a way that does not lead to productive outcomes. They may, in other words, sometimes be offensive rather than defensive weapons in the battle between parents.

At the very least, there is a need for more research utilising general community samples rather than clients of domestic violence services or participants recruited through advocacy groups. Such research needs to be conducted without a priori assumptions which might limit researchers' openness to a range of

Heather Douglas, 'The Criminal Law's Response to Domestic Violence: What's Going On?' (2008) 30 Sydney Law Review 439. See also Heather Douglas, 'Not a Crime Like Any Other: Sentencing Breaches of Domestic Violence Protection Orders' (2007) 31 Criminal Law Journal 200; Hayley Katzen, "It's a Family Matter, Not a Police Matter": The Enforcement of Protection Orders' (2000) 14 Australian Journal of Family Law 119; Trimboli and Bonney, above n 44.

Hunter, Domestic Violence Law Reform, above n 44, 88-100; Wangmann ibid, 105ff.

Of course, it is not possible to know what would have happened in these cases if no FVO was sought, and certainly women report not seeking such an order for fear of provoking further violence or conflict.

perspectives on the issues.⁹⁷ It is important also for such research to include both women's and men's perspectives concerning the process of applying for and responding to FVOs, as well as drawing on the experiences of professionals including the police and magistrates.⁹⁸

The downside of FVOs, in aggravating conflict, also needs to be considered. The best way to address the issue of violence is to prevent it, and, in relation to violence driven by conflict, that involves reducing the level of hostility between parents. The overwhelming evidence from social science research is that children are harmed by ongoing conflict between the parents. ⁹⁹

When there are no significant safety concerns, the efforts of the family law system need to be on helping parents to manage the transition from parenting together to parenting apart, getting over the anger and hurt about the breakup, and moving on with their lives. Strategies like the establishment of Family Relationship Centres, the requirement for most people to attempt mediation before initiating proceedings, ¹⁰⁰ and the Less Adversarial Trial, ¹⁰¹ are all aimed at trying to maintain as far as possible, the parental alliance and to help parents focus on the best interests of the children. The evidence from this study suggests at least a danger that applications for FVOs have become such a routine aspect of post-separation conflict that the efforts of others in the family law system to reduce that level of conflict between parents is being undermined. Children will suffer as a consequence.

The question needs to be asked whether state laws could be amended to encourage use of a greater variety of orders to resolve issues about the occupation of the home after separation and to maintain the boundaries of separation without bringing all such matters under the heading of 'violence'. It may well be also that there could be a greater use of referrals to Family Relationship Centres, or relationship counselling services as an early intervention strategy in appropriate cases: these might provide a much more effective intervention to help parents work out new rules for living apart when there are no significant physical safety issues, rather than processing otherwise law-abiding parents in large numbers through the magistrates' courts.

On the importance of this for the development of effective policies to address domestic violence, see Sotirios Sarantakos, 'Domestic Violence Policies: Where Did We Go Wrong?' (2001) 3 *Nuance* 45.

The evaluations that have been conducted on FVOs are now quite old, and occurred before the major increases in the numbers of orders sought in the last 15 years: see Trimboli and Bonney, above n 44 (data collected 1995–96); Sandra Egger and Julie Stubbs, *The Effectiveness of Protection Orders in Australian Jurisdictions* (Australian Government Publishing Service, 1993).

Christy M Buchanan, Eleanor E Maccoby and Sanford M Dornbusch, 'Caught Between Parents: Adolescents' Experiences in Divorced Homes' (1991) 62 Child Development 1008; Paul R Amato and Sandra J Rezac, 'Contact with Non-resident Parents, Interparental Conflict, and Children's Behavior' (1994) 15 Journal of Family Issues 191; Catherine C Ayoub, Robin M Deutch and Andronicki Maraganore, 'Emotional Distress in Children of High-Conflict Divorce. The Impact of Marital Conflict and Violence' (1999) 37 Family and Conciliation Courts Review 297; Jennifer McIntosh, 'Enduring Conflict in Parental Separation: Pathways of Impact on Child Development' (2003) 9 Journal of Family Studies 63.

¹⁰⁰ Family Law Act 1975 (Cth) s 60I.

¹⁰¹ Ibid pt VII, div 12A.

At federal level, consideration ought to be given to removing the references to FVOs in s 60CC(3)(k) of the *Family Law Act 1975* (Cth), as Richard Chisholm has recommended. This might reduce the incentive to seek FVOs as a weapon in litigation over the parenting arrangements. The Act's reference to FVOs is superfluous in any event. One of the primary considerations in s 60CC(2) is protection from violence and abuse, and an additional consideration (s 60CC(3)(j)) is 'any family violence involving the child or a member of the child's family'. It is therefore difficult to see what is added by a reference to FVOs. What the court will really be concerned with is the substance of the matters with which the FVO sought to deal. 103

Having a conversation of this kind does not mean going soft on family violence, or diminishing the protection of women and children. On the contrary, the purpose of such a conversation would be to enhance that protection by ensuring that the police and the courts do not lose sight of the serious cases requiring their attention among the overwhelming numbers of cases with which they have to deal. If police, lawyers and courts become cynical or blasé about family violence in the context of FVOs, then women and children may be put at greater risk than would be the case if there was an appropriate rethinking of the system. At the same time, we need to find a better way of dealing with the many cases of post-separation conflict where there are not serious safety concerns, in order to reduce, rather than inflame, that conflict.

Chisholm, above n 1. The Government has rejected this recommendation, opting instead to overturn the 2006 reforms which provided that FVOs were only to be considered if final or contested. See *Family Law Legislation Amendment (Family Violence and Other Measures) Bill 2011*.

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This is the view of family law practitioners also: see Parkinson, Cashmore and Webster, above n 86.



False abuse claims are the new court weapon, retiring judge says

Harriet Alexander Published: July 6, 2013 - 3:00AM

Allegations of child sexual abuse are being increasingly invented by mothers to stop fathers from seeing their children, says a retiring Family Court judge.

Justice David Collier, retiring from Parramatta Family Court at the end of the month after 14 years on the bench, sees unprecedented hostility infiltrating the Family Court, and a willingness by parents to use their children to damage one another.

"If a husband and wife really get down to it in this day and age, dirt flies," Justice Collier said.

The worst are those mothers who direct false allegations of abuse against former partners.

"When you have heard the evidence, you realise that this is a person who's so determined to win that he or she will say anything. I'm satisfied that a number of people who have appeared before me have known that it is one of the ways of completely shutting husbands out of the child's life.

"It's a horrible weapon."

Such cases are fraught for Family Court judges. Once an allegation has been made it is impossible to ignore. The court must deem whether there is an "unacceptable risk" of abuse occurring in the father's care.

Sometimes the allegations are obviously fabricated, other times they are probably true.

"It's that grey area in the middle that you lose sleep over at night, and you do lose sleep," Justice Collier said.

"They're difficult to disprove. The allegation lingers there."

Barrister Esther Lawson, who sits on the family law committee at the NSW Bar Association, said anecdotally there appeared to be an increase in allegations of sexual abuse coming before the court, but the reasons were unclear.

She also warned that the consequence of false allegations could return to haunt the accuser, including the loss of time with their children.

"Clearly there are cases where there is reliable evidence that sexual abuse has taken place and these matters need to be properly ventilated," Ms Lawson said.

"But if the court finds that allegations have been maliciously motivated then there may be potential consequences, including a change in the child's primary residence."

It is rare for Family Court judges to speak publicly about their views. Many are still haunted by the 1980 murder of Justice David Opas and 1984 bombings of the Parramatta Family Court building and homes of two judges.

Judgments are now more involved, partly so the losing party can understand the reasoning behind decisions. Justice Collier said the cases were also more complicated, as litigants raise more matters and run each of them to earth. Facebook pages are frequently called into evidence.

"A mother declares she lives a chaste and modest life and then on Facebook says, 'Guess what I did last night', and Dad's only too happy to put it before you."

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He puts much of the venom down to a generation of people more assertive of their rights, and now entering relationships.

But it disheartens him to leave the court so, after a satisfying career. He used to keep a magic wand, which he has now passed on to his colleague Justice Bill Johnson.

"I wished I could wave that magic wand and say, 'Be nice to each other'," Justice Collier said. "That's the only order I would have to make."

This story was found at: http://www.smh.com.au/national/false-abuse-claims-are-the-new-court-weapon-retiring-judge-says-20130705-2phao.html





Fact Sheet No.1

Overview of recent family violence research findings

Contrary to common beliefs, up to **One in Three** victims of sexual assault and at least **One in Three** victims of family violence is male (perhaps as many as one in two). When reading the following quantitative statistics it should be remembered that family violence is extremely complex and doesn't just boil down to 'who does what to whom and how badly'. The context of the violence and abuse is extremely important. Abuse can occur without the use or threat of physical violence. Please refer to oneinthree.com.au/faqs for a more detailed and nuanced analysis of family violence and abuse.

The Australian Bureau of Statistics Personal Safety Survey (2006)¹ is the largest and most recent survey of violence in Australia. It found that:

- 29.8% (almost one in three) victims of current partner violence since the age of 15 were male
- 24.4% (almost one in four) victims of previous partner violence since the age of 15 were male

"She would kick me in the genital area, she'd bite me on the shoulders and scratch my face and neck. She'd threaten to kill herself if I didn't give her the gambling money. Then she'd threaten to kill our son. In the middle of her screaming fits she would tell me and my son that I wasn't his father, even though we both knew he was. She also threatened to have someone bash me up."

Raymond 9

- 29.4% (almost one in three) victims of sexual assault during the last 12 months were male
- 26.1% (more than one in four) victims of sexual abuse before the age of 15 were male

The SA Interpersonal Violence and Abuse Survey (1999)³ found that:

- 32.3% (almost one in three) victims of reported domestic violence by a current or ex-partner (including both physical and emotional violence and abuse) were male
- 19.3% (almost one in five) victims of attempted or actual forced sexual activity since they turned 18 years of age were male (excluding activity from partners or expartners).

Both this survey and the Personal Safety Survey excluded the male prison population where over one quarter of young inmates experience sexual assault⁷.

The Crime Prevention Survey (2001)¹⁰ surveyed young people aged 12 to 20 and found that:

• while 23% of young people were aware of domestic violence against their mothers or step-mothers by their

fathers or step-fathers, an almost identical proportion (22%) of young people were aware of domestic violence against their fathers or step-fathers by their mothers or step-mothers

"I thought of my options. Lock her out of the house as she did to me? The cops would come and take me away. Complain of domestic violence? She was too pretty and dainty for that to work. Leave? I could not abandon my kids. I would rather have died, and thought of it. Fight back? Somehow I couldn't see myself doing it. I don't know if it was cowardice, chivalry or intellect saying 'lay a finger on her even once and all hell will break loose'."

Alan9

- an almost identical proportion of young females (16%) and young males (15%) answered "yes" to the statement "I've experienced domestic violence"
- an almost identical proportion of young females (6%) and young males (5%) answered "yes" to the statement "my boyfriend/girlfriend physically forced me to have sex".

The NSW Bureau of Crime Statistics and Research (2005)¹¹ found that 28.9% (almost one in three) victims of domestic assault were male.

The Queensland Crime and Misconduct Commission (2005) ² found that 32.6% (almost one in three) victims of family violence reported to police were male.

The Australian Institute of Criminology (2008)⁴ found that 48.7% (almost one in two) adult victims of family homicide and 35.4% (over one in three) victims of intimate partner homicide in 2006-07 were male.

"The next thing I knew there were two police officers at the door. They saw the lump on my head, the black eye, and the bleeding and I told them what had happened. They said my wife had made a complaint that I had assaulted her, so they handcuffed me and put me in a paddywagon. At the station the police said there was 'a high degree of probability' that I would assault my wife again!"

Michael9

The Victorian Victims Support Agency (2008)¹⁶ found that 31% (almost one in three) persons admitted to Victorian Public Hospitals for family violence injuries were male.

The Australian Institute of Family Studies (1999)¹⁷ observed that, post-separation, fairly similar proportions of men (55 per cent) and women (62 per cent) reported experiencing physical violence including threats by their former spouse. Emotional abuse was reported by 84 per cent of women and 75 per cent of men.





A University of Melbourne / La Trobe University study (1999)⁶ found that men were just as likely to report being physically assaulted by their partners as women. Further, women and men were about equally likely to admit being violent themselves. Men and women also reported experiencing about the same levels of pain and need for medical attention resulting from domestic violence.

An extensive study of dominance and symmetry in partner violence by male and female university students in 32 nations by Murray Straus (2008)¹⁴ found that, in Australia, 14 per cent of physical violence between dating partners during the previous 12 months was perpetrated by males only, 21 per cent by females only and 64.9 per cent was mutual violence (where both partners used violence against each other).

Fergusson & Mullen (1999)⁵, in Childhood sexual abuse: an evidence based perspective, found that one in three victims of childhood sexual abuse were male.

The Queensland Government Department of Communities (2009)¹² reported that 40% of domestic and family violence protection orders issued by the Magistrate Court were issued to protect males.

A study of risk factors for recent domestic physical assault in patients presenting to the emergency department of Adelaide hospitals (2004)¹⁵ found that 7% of male patients and 10% of female patients had experienced domestic physical assault. This finding shows that over one in three victims were male (39.7%).

The Australian Institute of Family Studies' evaluation of the 2006 family law reforms (2009)8 found that 39% (more than one in three) victims of physical hurt before separation were male; and 48% (almost one in two) victims of emotional abuse before or during separation were male.

"Up until dad left, she held the reins in the house. It was unbearable; her pedantic scrutinies were like police interrogations. He practically made the bloody money, he would give her the lot and than beg for pocket money. Everyone knew of her moods, and dad played always by ear and we managed to get by with little disruption on her part. But there were times when it didn't work. Then... poor dad. I had seen him walking naked in the back yard at night all upset and embarrassed; and I had seen him crawling under the bed to escape her vicious attacks, and I have seen him nursing his fresh wounds in the toilet, and he would say no word against her... When he left mom, I was very sad because I knew that I would miss him, but I felt also happy, because I knew that he was a decent man and that he deserved better.

(Son talking about his parents)¹³

These 14 authoritative sources agree that up to one in three victims of sexual assault and at least one in three victims of family violence is male (perhaps as many as one in two). Yet the current government appears unable to acknowledge or offer any services for these victims. This conscious neglect is in itself a form of social violence - the Australian Government's human rights obligations require it to cater equitably for the needs of all, regardless of gender. One in three is enough to reject the politics of ideology. It is time to care for all those in need, whether male or female.

To send a message to the Australian Government that all victims of violence deserve services and support, go to oneinthree.com.au/action.

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Fact Sheet No.2

Is men's intimate partner violence (IPV) more severe, and more likely to inflict severe injury?

International studies show that, on average

- · Overall, women are injured more than men, but men are injured too, and often seriously²
- The overall physical and psychological effects of IPV are similar for men and women¹²⁵

"The authors concluded that their findings argued against theories of greater female vulnerability to pathological outcomes."8

"we also observe evidence that contradicts the idea that violence by male partners tends to be more serious"

- Women and men who use IPV hurt their partners in similar ways (kicking, biting, punching, choking, stabbing, burning, etc), however men are as likely or significantly more likely than women to experience assaults using a weapon^{2 5 6}
- Male perpetrators are more likely to produce minor injuries, but less likely to produce severe injuries²
- Male victims are more likely to suffer serious injuries, while female victims are more likely to suffer minor injuries¹²
- Women are slightly more likely than men to seek medical treatment for their injuries²
- Men and women bear similar intentions when using IPV, leading to similar results when their average differences in physical strength are taken into account (such as when weapons are used)37
- Men, having greater strength on average, are more likely to use direct physical violence, while women are more likely to use a weapon to compensate for their lack of strength2
- Women are more likely than men to retaliate to IPV¹⁰

- · Reducing women's use of violence will reduce women's rates of injury from violence because a woman's perpetration of IPV is the strongest predictor of her being a victim⁷ 11 12
- Children witnessing IPV by either their fathers or their mothers are more likely to grow up to use violence themselves⁷.

Is focusing on the severity of physical injuries the best approach to reducing violence?

- If men are injured less than women, is this a reason to deny them protection?
- Don't all victims of IPV deserve protection, not just those who are physically injured?
- Does only addressing the outcome of violence (physical injury) distract from addressing the process of violence which can include verbal, emotional, psychological, financial, and other forms of control and abuse?
- Does a focus upon injury ignore the fact that people who use IPV do so to control their partner, not necessarily to injure them? In fact, control of one's partner is often achieved without the use of violence.

"Concentrating on 'severe' violence only ignores the fact that the primary intent of fighting spouses is not to injure their partner... but to hurt... Their focus is on getting their way... and making the partner comply with their demands rather than on causing physical injury."9

- · Does a focus upon injury ignore the fact that victims of IPV are often hurt more by the violation of the bond of trust and love between them and their partner, than by the physical injury itself?
- Does a focus upon injury in effect give a 'hitting license' to weaker partners, who may eventually be severely injured, should their stronger partner retaliate (regardless of the gender of the partners)?

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12 While this may sound like 'victim-blaming', it is simply stating the research evidence finding that women who perpetrate violence suffer greater injuries than those who do not. If a woman hits her partner who then hits her back and injures her, both people are responsible for their own use of violence. Perpetrating violence is a risk factor for women's injury.





Fact Sheet No.3

Is women's intimate partner violence (IPV) more likely to be self-defence or a pre-emptive strike against a violent male partner?

Although it cannot be denied that there are cases in which women and men abuse their partner in self-defence, international studies have found that

• Self-defence is cited by women as the reason for their use of IPV (including severe violence such as homicide) in a small minority of cases (from 5 to 20 per cent) $^{1\;2\;3\;5'6\;7\;9\;10\;12}$

"Studies... found that a relatively low percentage of women endorsed self-defence as a primary motive for violence."13

"Women report using violence against male partners repeatedly, using it against non-violent male partners, and using it for reasons other than self-defence."3

- In a study where self-defence was given as a reason for women's use of IPV in a large number of cases (42%), it was cited as a reason for men's IPV more often $(56\%)^{12}$
- Rather than self-defence, reasons commonly given by both women and men for their use of IPV include
 - coercion (dominance and control)
 - + anger
 - punishing a partner's misbehaviour
 - jealousy
 - + confusion
 - "to get through" (to one's partner)
 - to retaliate
 - frustration⁶⁷⁸⁹¹²
- Rather than self-defence, reasons commonly given by women for their use of IPV include
 - disbelief that their male victims would be injured or retaliate

- they wished to engage their partner's attention (particularly emotionally)
- their partner not being sensitive to their needs
- their partner being verbally abusive to them
- their partner not listening to them^{3 8 9}
- Reciprocal partner violence (which makes up approximately 50 per cent of all IPV and is the most injurious to women) does not appear to be only comprised of self-defensive acts of violence^{2 3 13}
- Men and women initiate IPV (both minor and severe) at around the same rates and women are equally likely or more likely to perpetrate violence against a non-violent partner^{2 3 11}
- Women are more likely than men to hit back in response to provocation²
- Women are more likely than men to kill their partner in self-defence, however overall, only 10 to 20 per cent of women's partner homicides are carried out in self-defence or in response to prior abuse411

"Important is the finding that women's allegations of DV were proven to be false. In most cases, the initial allegations of DV were modified considerably by them during the course of the study, particularly when they were faced with the accounts of their children and mothers, admitting in the end that they were neither victims of violence nor acting in selfdefence."10

• Women's use of IPV, rather than being reactive to male violence, is predictable by kindergarten age, and certainly by the teenage years. Aggressive girls grow up to be aggressive adults. High incidence rates of personality disorders are found in both male and female courtmandated samples of IPV perpetrators. Women who kill their husbands are just as likely to have criminal records as women who kill in other circumstances.²⁴¹¹¹²

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Fact Sheet No.4

Is men's violence towards women most often an attempt to control, coerce, humiliate or dominate by generating fear and intimidation, while women's intimate partner violence (IPV) is more often an expression of frustration in response to their dependence or stress, or their refusal to accept a less powerful position?

International studies show that,

 Dominance by either partner is a risk factor for IPV (both minor & severe). It is the injustices and power struggles that are associated with inequality in relationships that give rise to violence, not just the inequality of male dominance^{1 2 9 13}

"The results of this study suggest important conclusions about two widely held beliefs: that partner violence is an almost uniquely male crime and that when men hit their partners, it is primarily to dominate women, whereas partner violence by women is an act of self-defence or an act of desperation in response to male dominance and brutality. These beliefs were not supported by the results of this study."

- Empirical research on American couples has found that the vast majority of relationships involve equal power between partners. Relationships in which one partner is dominant are in the minority, and are just as likely to be female-dominant as male-dominant⁹.
- \bullet Egalitarian couples are the least violent, while both male and female dominance are associated with increased IPV^{13}
- Both husbands and wives who are controlling are more likely to produce injury and engage in repeated violence⁵
- Coercion (control and domination) is a frequently cited reason by women for their own use of IPV, and by male victims for their partner's use of IPV⁹

"Abuse was not just a sum of violent acts, but in almost all cases it constituted a system that was imposed upon the abused spouse, that dominated his whole life. The study reported that abusive women assumed total control of the relationship, e.g. by getting hold of power producing resources, imposing themselves upon the husband by enforcing authority over him or indirectly making serious threats to frighten him into submission." 10

 Even in research samples selected for high rates of male aggression (such as shelter samples), women sometimes report using comparative frequencies of controlling behaviour^{7 9}

"Partner violence is more a gender-inclusive systemic problem than it is a problem of a patriarchal social system which enforces male dominance by violence." 13

- Risk factors for IPV for both women and men include dominance, but also include youthfulness, self-defence, angry and antisocial personalities; alcohol and illicit drug use; conflict with partner; communication problems; criminal history; jealousy; negative attributions about the partner; partner abuse, sexual abuse and neglect histories; relationship satisfaction; stressful conditions; depression; traditional sex-role ideology and violence approval^{2 9 11}.
- Factors associated with the use of controlling behaviours include socioeconomic status, ethnicity, education level, age and length of marriage (but not gender)⁵
- Female IPV is not a response to male aggression but, like male IPV, follows developmental trajectories including crystallising into personality disorders. Aggressive girls grow up to be aggressive adults (as do aggressive boys)¹
- After analysing for verbal aggression, fear, violence and control by each gender, husbands are found to be no more controlling than wives¹²⁷⁹¹³. Men and women may differ in their methods of control, but not their motivation to control⁵. Men are more likely to prevent their partner from knowing about or having access to family income even when they ask; and prevent their partner from working outside the home. Women are more likely to insist on knowing who their partner is with at all times; insist on changing residences even when their partner doesn't want or need to; and try to limit their partner's contact with family and friends. Relatively few men or women engage in any of these controlling behaviours⁴.

"The... hypothesis that dominance by either partner, not just the male partner, is a risk factor for violence was also supported. In fact, this study found that dominance by the female partner is even more closely related to violence by women than is male-dominance. The results on dominance as a risk factor for violence, like the results on symmetry and asymmetry in perpetration, apply to both minor violence and severe violence. This contradicts the belief that when women hit, the motives are different, and that male-dominance is the root cause of partner violence. Thus, the results in this paper call into question another basic assumption of most prevention and treatment programs." 13





"The same distortion of the scientific evidence by selective citation applies to discussion of dominance and control. Only studies showing male use of violence to coerce, dominate, and control are cited despite a number of studies showing that this also applies to violence by female partners."3

- Controlling behaviours exhibited by abusive women include
 - the use of threats and coercion (threatening to kill themselves or their husbands, threatening to call the police and have the husband falsely arrested, threatening to leave the husband)
 - emotional abuse (making the victim feel bad about himself, calling him names, making him think he is crazy, playing mind games, humiliating him, making him feel guilty)
 - intimidation (making him feel afraid by smashing things, destroying his property, abusing pets, displaying weapons)
 - blaming the men for their own abuse or minimising the abuse
 - + using the court system to gain sole custody of the children or falsely obtain a restraining order against the victim
 - isolating the victim by keeping him away from his family and friends, using jealousy to justify these actions
 - controlling all of the money and not allowing the victim to see or use the chequebook or credit cards⁸
- In a large recent Canadian study, victimisation by repeated, severe, fear-inducing, instrumental violence (often called intimate terrorism) was reported by 2.6% of men and 4.2% of women in the last five years. Equivalent injuries, use of medical services, and fear of the abuser were also discovered, regardless of the gender of the perpetrator and the victim¹.

Do men who are violent in intimate relationships typically underreport their violence?

International studies show that,

- Both sexes tend to over-report minor acts of violence they commit, under-report serious acts they commit, and overreport serious acts they suffer²
- The same results are obtained regarding the relative frequency of men's and women's violence regardless of whether men or women are the ones being questioned².

"The rate of minor assaults by wives was 78 per 1,000 couples, and the rate of minor assaults by husbands was 72 per 1,000. The Severe assault rate was 46 per 1,000 couples for assaults by wives and 50 per 1,000 for assaults by husbands. Neither difference is statistically significant. As these rates are based exclusively on information provided by women respondents, the near equality in assault rates cannot be attributed to a gender bias in reporting."12



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Fact Sheet No.5

Are male victims of intimate partner violence (IPV) far less likely to be afraid or intimidated than female victims?

International studies demonstrate that

• Males are taught by sex-role conditioning not to admit fear, making it appear that women are more fearful simply because they report fear more freely than men¹²

"In most cases, the wife's intent to control and dominate the husband entailed efforts to induce fear in him relating to his personal safety as well as the fate of the children and property in general. She would often threaten to burn the house down, hurt the children or animals, or kill herself, him or the children: she would often drive dangerously to frighten him, and make him realise how serious and dangerous she could be. This generated intimidation, insecurity, and fear in the husbands and the family members in general."5

• Women and men have different perceptions of danger and use fear-scales quite differently. Women are twice as likely as men to fear death from a partner, when the actual probability of being killed is the same. Women may overreact to objective threat, while men probably under-react12.

"Men reported also symptoms such as tightness in the stomach, muscular pain, racing pulse, thought distortion, and panic attacks. Perpetual fear and being 'on guard' were experienced by most participants. Other commonly expressed reactions were, feelings of lack of control and inadequacy and constant denigration of the man, which often caused him to accept his partner's view of him, and to lose self esteem."

• Women's greater fear of male violence, where it exists, could also simply stem from the greater average size and strength of men, rather than from any difference in motives between men and women who use IPV⁴.

• Men have rarely had their fear of female violence assessed. One of the few studies to do this found that a substantial minority of male victims of IPV feared their partner's violence and were stalked. Over half the men were fearful that their partners would cause them serious injury if they found out that he had called the domestic violence helpline^{2 3}.

"The feminist view is that all male violence is designed to generate fear to enable coercion. The data suggest a motivational profile for use of violence by either gender is far more complex. The question for feminists remains given that research indicates high levels of female violence, much of it against non-violent males and hence not in self-defence; how is that violence any different from male violence? How can male violence still be depicted as being in pursuit of power and control when female violence is also frequent and, according to the women themselves, not defensive?"2

- Another such study of male victims of IPV found that "perpetual fear and being 'on guard' were experienced by most participants"⁵ It is important to note that men's fear is often internalised and thus invisible to the outside observer.
- There is little evidence to support the assertion that all male violence is designed to generate fear in women to enable coercion. In fact the data shows that both men and women have much more complex motives behind their use of IPV².

"Analog studies of fear induction in response to intimate conflicts found that women would report more fear even when exposure to the stimulus (a videotaped conflict between others) could not possibly be threatening or endangering... Men use fear scales differently and are less likely to report fear as opposed to other emotions. Creating police responses based on who is most afraid means perpetrators can be arrested based on reported internal reactions that cannot be corroborated."

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Male domestic violence victims need more support

Mark White

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Jamie*, a minister of religion in his 60s, spent his 36-year marriage "walking on egg shells". He'd had a very controlling childhood where he'd been told to do the opposite of what he felt was right.

"That's partly why I fell in love with my wife," he says. "She reminded me of my mother." Within weeks of their 1971 wedding, she was throwing things at him, screaming she hated him, walking out and saying she would never come back. "I was far away from where my parents lived, and I thought I would be kicked out of the seminary if the marriage broke down," he says. "So I felt trapped. I just tried to work inside the system, keep things calm. Once the children started arriving, it was too late."

The blow-ups happened once a month at the start, but were almost daily by the end. "I was trying to hang in there," he says.

But 36 years seems a long time to hang in. "Guys can run away to work. I did a lot of running away to work. At home ... I did a lot of numbing out."

About 10 years ago, she got on top of him in bed and started hitting him - windmilling at him, screaming that she hated him and that she hoped he would go to hell. He had never told anyone what had been happening - he's marked off dozens of items on a domestic violence checklist, including financial control, using sex for favours, limiting his freedom, pinning him on the floor, kicking the pets, humiliating him, putting him down in front of the children, bagging him to friends and colleagues - but the next day, on his regular morning walk with a pastor friend, that changed.

He started crying and spoke up. "I love you," his friend said, "I support you, but this is on some weird planet." Jamie felt ashamed; men are supposed to be able to take care of themselves, and he was letting a woman beat up on him.

Uncovering the staggering depth of brutality women used to be subject to at home without question - and denouncing it - is one of the signature civilising social movements of the past 40 years. To this day, women are more likely to be severely injured, assaulted or killed at home. But are a smaller but significant number of men victims of domestic violence, too? And are they falling through the cracks?

"Reactionary, traditionalist, conservative, chauvinist, wanting to put women back in the kitchen, like I'm some sort of right-wing homophobic misogynist woman-hater who wants to take away everything feminism has achieved," says Greg Andresen - head of the One in Three campaign aimed at raising awareness of family violence against men - running through names he's been called. He starts chortling. "It hurts to be called that stuff, especially when you look at all of our actions, all of our campaign material, everything we've done - there's not a skerrick of that in any of it." The campaign takes its name from a 2006 Australian Bureau of Statistics Personal Safety Survey that found 29.8 per cent of the victims of current partner violence since the age of 15 were male. Andresen believes the current thinking that domestic violence is 90-95 per cent men against women is wrong.

We think men are bigger and stronger, and can inflict more damage in a fight. Indeed, he agrees women are more likely to suffer systemic, continuing abuse, but argues other forms of abuse such as social isolation and emotional abuse can be "equally as controlling and as debilitating for the victim because they feel equally as trapped. There's somebody curtailing their freedom in these ways and you don't need to hit someone to do that. Women can do that just as much as men."

So, does One in Three's "29.8 per cent" mean one in three men is a victim of the headline bashings we associate with domestic violence and women? No, it doesn't. It reports incidents of partner violence - violence that's

domestic, rather than "domestic violence" - which can be a one-off slap or months of unrelenting, one-sided abuse.

Still, a man slapping a woman isn't culturally acceptable, so should the opposite be?

Relationships counsellor Toni McLean worries abusive relationships can teach children the wrong way to resolve conflict. Research shows abuse can be transmitted down the generations. "We need to shift our focus from women victims of partner violence to victims of partner violence, and provide resources for dealing with all victims and all perpetrators. Children suffer regardless of which parent is violent," McLean says.

After reading a few studies you feel like you're watching a heavily annotated bunfight between researchers trying to show women are the overwhelming victims and others trying to show men are copping it just as badly.

"The problems are that the different definitions and research methodology researchers use, plus the reluctance of men to report, lead to different findings," says Professor Alfred Allan, from Western Australia's Edith Cowan University, who co-wrote a 2010 report, *Intimate Partner Abuse of Men*.

Says sociologist Dr Michael Flood, from the University of Wollongong: "There are heated debates among various advocates addressing domestic violence." Flood criticises One in Three for not focusing on the wider issue of men's violence against men. Neither does he believe "there are tens of thousands of men out there living in fear of their female partners and not being able to access services".

Yet even if women make up 90 per cent of all prolonged coercive domestic violence cases, then so do several thousand Australian men.

"The question of men experiencing violence is one that hasn't really been discussed," says Randal Newton-John, at MensLine, the national telephone counselling service. "It's generally seen as only happening to women."

There is no doubt from MensLine's experience that "we receive calls from men who are experiencing violence. Really, the important thing is to those men, how do they receive the help that they need to deal with that situation?" Police don't always believe complaints of domestic violence against men.

ACT teacher Ross Burdon, 54, has a DVO out against his ex-wife, who he met in the Philippines. When they fought, police would arrest him - charges would be dropped or defeated in court. He went to police with a complaint. "They said, 'She's a woman and how big are you?'." He showed them a video he had taken of her holding a frying pan. She had bashed holes in the door. She used to throw things, smash doors, once tried to hit him on the head with a pot plant. "We could be in the same room, her anger escalating and I knew- she knew it, too - that if she called the police there would be problems for me."

Then there is social isolation. Nothing NSW teacher Matthew* did was right, from mixing cordial to putting sunscreen on his two children. His wife would say he was strange and embarrassing. She didn't want to be seen in public with him. He started to believe there was something wrong with him. He would escape verbal abuse by sleeping in his car and sneaking home at 5am to get clothes to take to a local pool for a shower and a shave before work. "I was scared to stay in the house and too scared to return until I thought it was safe."

Bill* had been told for 18 months he was lazy - he couldn't work following a viral infection - and no one wanted to be near him. Police advised him to think about leaving the house after a row in which his wife of 12 years bit his wrist to the bone.

He thought he had nowhere to go, so he slept in his van for six weeks. There was a sports field in Camden, a river in Campbelltown, at a park, sometimes out at Bargo. Occasionally he'd stay at a servo because they had free showers. When the weather was really bad, an underground car park. One day Bill felt suicidal, and called the DoCS domestic violence hotline. The woman who answered told him only men abuse women. Mates rolled their eyes and said "man up".

Jamie was the only man in a discussion group at an Anglicare-run domestic abuse seminar in the 1980s. He was told if he treated his wife with respect then she wouldn't act like that.

Will*'s first relationship was coloured by growing up in a home where both parents were violent - he didn't know about healthy relationships, so when he moved in with a 40-year-old man as a 22-year-old the control was there from the start. He had to have sex whether he wanted to or not. He woke up several times a week to a kick in the face. He'd leave and always come back. One time the ex tried to brain him with a VCR. He didn't want to

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go to a hospital. He was ashamed of what had happened. He had mixed feelings about his mother staying in her abusive marriage, and here he was doing the same thing.

Melbourne psychologist Elizabeth Celi says there are three misconceptions about male victims: that men must be aggressors, they can take it because they're bigger, and that they must have done something to deserve it. "This is a gross injustice to a man on the receiving end of abusive and violent behaviour, as it simultaneously invalidates his experience while blaming him for the damaging words and behaviour coming his way," she says.

"We would never do this to female victims, yet it seems OK for male victims to be subjected to it."

Emma, a Sydney hospitality worker in her 30s, once broke an ex-boyfriend's nose. She left home at 14 and grew up on the streets, where she had to fight to survive. And so when she started a relationship - and she was only ever attracted to men she knew would never hit her - they would become her family, her everything.

Her violence would be triggered by coming down off strong drugs, as well as a cyclical hereditary depression - once a week, once a month. She would break things, throw things, lash out, punch, knowing they'd never touch her.

A 2012 NSW government report on domestic violence trends found "while men are less likely to be victims, the experience of those that are is equally as bad as that of other victims" - and that services for them are lacking. Liberal MLC Catherine Cusack wants more money aimed at addressing the causes of anger - and early intervention to empower men and women with tools to stop abuse. "I would love to see that non-judgmental, ideology-free support available to all victims, male and female," she says.

In NSW and Victoria, the main domestic violence lines are for women.

Men are referred elsewhere, including MensLine, and in Victoria, to the Men's Referral Service, which is designed to stop aggressive behaviour by men. "The vast majority of men contacting us as victims are most likely the perpetrator," says executive officer Danny Blay.

Newton-John says: "It's not easy for men to approach health services at the best of times. Men need to wait for a crisis. If they're on the receiving end of violence it might throw up questions about their masculinity and whether they deserve help. They do, but they question it."

Other countries have set up men's refuges. The Netherlands began a trial program in 2008 in its four biggest cities, with 10 places in each. They are used by victims, men beaten by their children or stalked, and young gay men from immigrant cultures. Adrie Vermeulen, co-ordinator of the Utrecht shelter, says that when it opened, most victims were Turkish or Moroccan, although there are now more Dutch. "We take them in our care and try to make a new future for them." Physical injuries are easier to spot and prosecute. But relentless verbal abuse can also damage. Studies have shown emotional pain lasts longer than physical pain.

The definition of domestic abuse in Britain now includes psychological intimidation - nothing but good news for anyone, female or male, at the receiving end.

"We get a lot of calls talking about emotional, psychological and verbal abuse," Newton-John says. "It's sometimes very insidious and difficult to understand personally the impact it's having, because you're not seeing broken bones or black eyes."

Recognising male victims doesn't mean dishonouring any female victims or redirecting resources. It can help reduce family violence further.

Matthew emailed to say he'd called the police to try to resolve an access issue and was directed to a domestic violence liaison officer. "She offered me a referral to counselling for victims of crime. I broke down crying. It made me feel like my perspective that I had been a victim had been validated by someone within the system."

MensLine Australia: 1300 789 978

This story was found at: http://www.smh.com.au/national/male-domestic-violence-victims-need-more-support-20131229-301m4.html